# The Coordination Meeting for COVID-19 Countermeasures at the Olympic and Paralympic Games Tokyo 2020 Interim Summary

#### 2 December 2020

The Coordination Meeting for COVID-19 Countermeasures at the Olympic and Paralympic Games Tokyo 2020

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#### Chapter 1 Introduction

#### 1. Background

- O With the objective of considering and coordinating measures against COVID-19 at the Olympic and Paralympic Games Tokyo 2020 (hereinafter, "Tokyo 2020 Games"), the Government of Japan established in September 2020, the Coordination Meeting for COVID-19 Countermeasures at the Olympic and Paralympic Games Tokyo 2020 (hereinafter, "Coordination Meeting") under its Olympic and Paralympic Games Tokyo 2020 Liaison Conference for Concerned Government Agencies.
- O With the aim of hosting a safe and secure Tokyo 2020 Games, the Coordination Meeting has been held six times since September 2020, with the attendance of related government agencies, the Tokyo Metropolitan Government (TMG), the Tokyo Organising Committee of the Olympic and Paralympic Games (hereinafter, "Tokyo 2020"), Japanese Olympic Committee, Japanese Para-Sports Association, Japanese Paralympic Committee, and infectious disease specialists.

#### 2. Outline of Interim Summary

- O This interim summary clarifies COVID-19 countermeasures to be taken in all aspects of operation for the Tokyo 2020 Games (e.g., arrival in Japan, transportation, competition venue) in three categories: athletes, Games stakeholders, and spectators. Although the general direction of measures to be taken has been determined, there are issues for which concrete plans must be developed by observing how the ongoing global pandemic develops. Such pending matters will be clarified in phases to prepare for the implementation of concrete countermeasures.
- O To ensure that the clarified countermeasures are implemented before Tokyo 2020 Games, a Schedule for Implementation of Countermeasures has also been created.
- O Details of the interim summary are presented in Chapter 2 and onwards. The following is an outline of the report.

#### (1) Athletes

- Athletes, the most important part of Tokyo 2020 Games, will be given top priority when considering our countermeasures. The Government of Japan, TMG, and Tokyo 2020 have decided on the general direction of how athletes will be handled as shown below:
  - (a) To enable athletes to compete at their best condition in a safe and secure environment, infection countermeasures will be taken at each operational stage from arrival in Japan, arrival at Host Towns, arrival at the Games and then to departure from Japan. The necessary environment and rules will be considered thoroughly. Contact with athletes will be kept to a minimum, while those coming into contact with athletes will also take measures such as testing so as to protect athletes from infection.

- (b) The "Olympic and Paralympic Preparation Track for Athletes" has been in operation since November for athletes and related Games stakeholders participating in international events held in Japan in relation to Tokyo 2020 Games. In addition to this, a scheme will also be put in place for Tokyo 2020 Games itself, which will allow overseas athletes and related staff to enter Japan on the condition that necessary infection prevention measures have been taken in order to engage in various activities including training and participating in competitions during the 14 day self-isolation period after arrival.
- (c) With regard to infection countermeasures for athletes at competition venues and the Olympic and Paralympic Village, etc., a code of conduct for athletes will be developed and thoroughly implemented to restrict their range of movement and means of travel, in addition to ensuring their strict adherence to the basic infection countermeasures.
- (d) In addition to implementing testing at the point of arrival/departure in/from Japan, screening tests and other necessary testing including pre-competition testing will be implemented to ensure a safe and secure environment in Host Towns, the Village, etc. after entering Japan. A sample collection center and analysis facility for testing will be established within the Village.
- (e) Based on the presumption that there will be cases of infection and suspected infection among athletes despite thorough preventive measures, the Tokyo 2020 Infectious Disease Control Centre (tentative name) will be established with the objective of centrally performing prompt initial response to an infection outbreak, sharing information with related departments, and managing various health and hygiene responses.
- (f) To promptly provide athletes suspected of being infected with medical care and the right settings for recovery, a fever outpatient clinic will be set up at the Olympic and Paralympic Village Polyclinic where medical institutions and accommodation needed for the athletes' recovery will be secured.
- (g) Guidelines for Para-athlete assistants and staff will be developed based on the type of impairment.

#### (2) Games Stakeholders and Spectators

- The Coordination Meeting presented the basic approach to countermeasures for Games stakeholders and spectators.
  - (a) The policy for Games stakeholders, media personnel, organisers and others related to the holding of the Games will be determined in accordance with the extent of their involvement with the Games operations, content of their operation, frequency of contact with athletes and related staff. These items will cover areas such as their arrival/departure in/from Japan, behaviours and rules implemented at the time, their travel routes and the type of business conducted.
  - (b) Spectator guidelines will be developed and widely disseminated; rules will be set on how to respond when a spectator feels unwell at a competition venue; and medical institutions for hospitalisation and recovery will be secured.
    - The final decision on the maximum number of spectators to accommodate will be made by next spring, in accordance with the domestic rules on the upper limit for sporting

events, the infection situation within and outside Japan and the results of trial experiments being conducted to determine the consequences of raising the upper limit of spectators.

With regard to spectators from overseas, measures will be considered while ensuring safety for both the spectators and the local communities. As requiring spectators to self-isolate for 14 days and avoid using public transportation as a condition for entry into Japan would make it impractical for them to spectate the Games, infection countermeasures of an equivalent degree will be established. Furthermore, in view of the spread of the COVID-19 in the countries they are from, appropriate infection countermeasures will be taken in accordance with their level of risk, including maintaining the 14 day self-isolation requirement. Concrete measures (e.g., testing and health management before arrival in Japan, checking test results and written pledge upon arrival, health and activity tracking in Japan, medically required measures such as isolation, method of ensuring implementation of measures, installation of apps) will be decided by next spring after discussion with infectious disease specialists.

#### (3) Torch Relay and Live Sites

- With regard to the Torch Relay, the Coordination Meeting presented its basic approach to
  ensure the safety and security of both the spectators/torchbearers/operation staff and local
  residents. Tokyo 2020will develop concrete infection countermeasures by the end of this year
  and the Prefecture Task Force and other stakeholders will promote their countermeasures as
  necessary.
- As for Live Sites, Tokyo2020 will develop infection countermeasure guidelines by the end of the year, and will request each municipality hosting Live Sites to submit an infection countermeasure plan for each venue.

#### (4) Host Towns and Pre-Games Training Camps

- It is important that Host Towns engage in extensive exchange activities by implementing infection countermeasures and leaving a positive legacy for the Games. To this end, based on the Government's guidelines created in November 2020 to help municipalities develop a manual for hosting athletes, each municipality will be requested to prepare a manual for hosting athletes in Host Towns and at pre-Games training camps as well as implement infection countermeasures.
  - Prior to the Games, zero-contact public training as well as online exchanges will be held. After the Games, diverse exchange sessions in line with the needs of each Host Town will be hosted while implementing effective infection countermeasures.

#### 3. Steps Going Forward

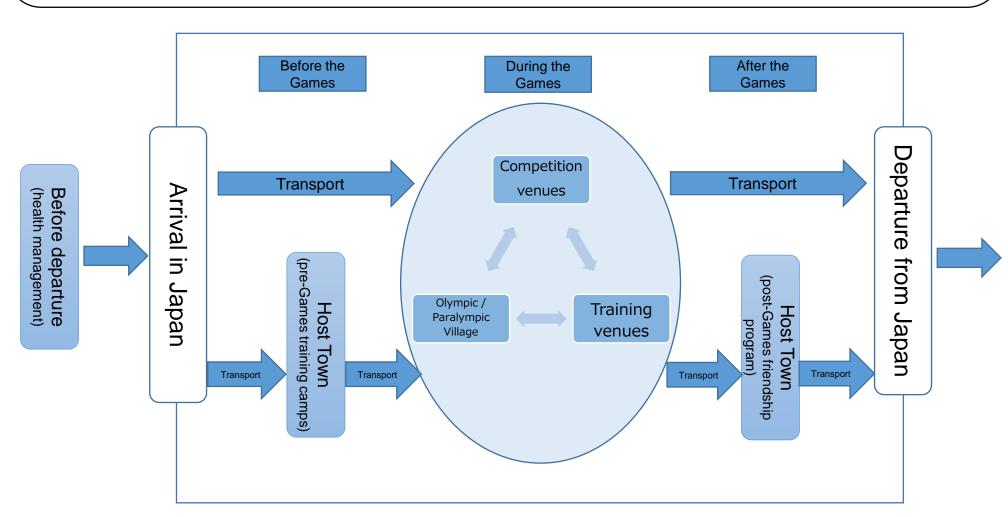
O Based on this interim summary, the Government of Japan, TMG, and Tokyo 2020 will specify further details by formulating systems and guidelines, establish organisations and schemes, prepare for operations at the Games, and work on concrete measures required to host Tokyo 2020 Games next summer.

- O Details need to be determined for the following matters:
  - Implementation policy concerning testing of athletes and others
  - Concrete plans for establishing Tokyo 2020 Infectious Disease Control Centre (tentative name) and health and hygiene hub
  - Securing medical institutions for hospitalisation and accommodation for the recovery of athletes who tested positive
  - Operation of competitions when an athlete tested positive
  - Specific measures pertaining to Games stakeholders and spectators (maximum number of spectators, spectators from overseas)
  - Infection countermeasures for spectators at competitions held on public roads such as the marathon and race walk
  - Measures to prevent overcrowding at the Torch Relay and Live Sites
  - Infection countermeasures for athletes and stakeholders at the opening and closing ceremonies
  - Response on vaccines if they become available
- O Will continue to cooperate with the International Olympic Committee (IOC), International Paralympic Committee (IPC), International Federations (IFs), and each national Olympic and Paralympic Committees (NOC/NPC) around the world.

## 1. Countermeasures for Athletes and Related Staff

## (1) Basic Principles of Securing Environment for Athletes

- O Enabling athletes' best performances in a safe and secure environment requires both thorough infection control measures and their smooth preparations including trainings.
- O Infection control measures must be devised for each setting in the entire process, from athletes' arrival in Japan, throughout the Games and up to the time of their departure. These measures should include not only the care of athletes at competition venues or the Olympic and Paralympic Village and other locations during Games time, but also immigration management, health management (including COVID-19 testing), transport, pre-Games training camps and post-Games friendship programs at Host Towns or other locations, and the establishment of appropriate medical procedures. In addition, we also must create a favorable overall environment and develop rules from an end-to-end perspective.
- O Contact with athletes should be kept to a minimum, and infection prevention measures will be implemented, including testing the persons with whom athletes will come into contact.



### Cases Needing Deliberation:

- O Measures to be taken during the departure and arrival of athletes and related staff at the Games
- O Transportation for athletes and related staff
- O Basic infection prevention measures
- O Infection countermeasures for athletes and related staff at competition venues and Olympic/Paralympic Village, etc.
- O Code of conduct for athletes and related staff
- O Approach to testing for athletes and related staff at the Games
- O Health and hygiene, medical care, and medical treatment for athletes and related staff
- O Sport by sport measures and rules (Games operations upon tested positive cases)
- O Infection prevention measures for Para athletes and related staff

## (2) Measures to be Taken During the Departure and Arrival of Athletes and Related Staff at the Olympic and Paralympic Games

#### 1. Cases

- (1) Where athletes and related staff arrive in Japan to participate in international competitions held in Japan in connection with the Olympic or Paralympic Games
- (2) Where athletes and related staff arrive in Japan to participate in the Olympic or Paralympic Games and pre-Games training camps, etc.

Note: "athletes" refers to all those competing in the Games

"athletes and related staff" means athletes and members of the IOC/IPC, international federations or NOCs/NPCs who will support and accompany athletes – this includes referees, coaches, trainers, training partners, caddies, staff, doctors, paraathlete support staff, and caregivers

The above categories also apply in the following sections.

#### 2. Measures

On November 12, 2020, the entry measures referred to in section 1.(1) for athletes and related staff participating in international competitions related to the Tokyo 2020 Games being held in Japan began to be implemented as part of the "Olympic and Paralympic Preparation Track for Athletes", incorporating the quarantine measures outlined below.

In the future, we will coordinate entry measures referred to in section 1.(2) planned for implementation during the actual Games based on the "Olympic and Paralympic Preparation Track for Athletes" in consultation with the IOC, IPC, international federations and other related bodies.

## Departure to Japan

(Examples)

- Undergo a COVID-19 test 72 hours or less before departure to and obtain a negative test certificate (further consideration required with regard to countries where no test certificate can be obtained).
- Require athletes and related staff to submit results of health monitoring for 14 days before arrival in Japan.

#### Arrival in Japan

Undergo a COVID-19 test at the airport (and wait in a designated area until the test result is provided).
 (This will be applicable only for those coming from countries for which permission to enter Japan is suspended)

#### **Health management**

(Examples)

- Record health condition.
- Notify possibility of contact with an infected person using the COVID-19 contact-confirming application.
- Save location information on a map app, so that activities can be traced if positive COVID-19 cases are confirmed.

#### **Activity management**

(Examples)

- Submit in advance an activity plan that indicate destinations (e.g. competition and training venues), means of transportation, etc.
- Submit a pledge to follow the activity plan.

Transportation means

- Transportation will be via dedicated vehicles, in principle, rather than public transportation.
- Public transportation will be used in a limited manner only if the use of airplanes, bullet trains, etc.
  is unavoidable; for example, when moving to Host Towns and competition venues in regional cities.
  (To avoid physical contact with large numbers of persons, we will ensure that physical distancing from other passengers will be appropriately practiced)

#### **Ensuring effectiveness of measures**

(Examples)

- Hosting bodies responsible will manage the implementation of the measures.
- "Written Pledges" and "Schedule of Activities in Japan" to be submitted in advance.
- Measures to be taken in the event that pledges are violated.

#### 14 days after arrival

## (3) Transportation for Athletes and Related Staff

## 1. Cases Needing Deliberation

- (1) Cases where athletes and related staff travel directly from their arrival airport to the Olympic and Paralympic Village
- (2) Cases where athletes and related staff travel from their arrival airport via a Host Town, etc. to the Olympic and Paralympic Village
- (3) Cases where athletes and related staff travel from the Olympic/Paralympic Village to competition and training venues during Games time

Note: Rules similar to those for (1) or (2) will apply to post-Games athletes transport depending on the routes taken.

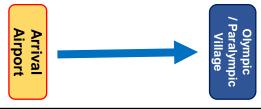
## 2. Measures

Note: In all of the above 3 cases, measures to be taken for athletes and related staff following the framework below Further details will be considered in collaboration with the IOC, the IPC, NOC/NPCs, IFs, etc.

#### Common in all cases

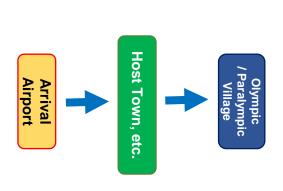
- O Require registration of all domestic travel routes, including those to/from Host Towns and pre-Games training camps.
- Understand the comprehensive domestic travel routes of athletes and related staff from arrival to departure based on registered travel route information.
- O In principle, athletes and related staff shall travel by dedicated vehicles between the Olympic/Paralympic Village and competition and training venues. However, public transportation (airplane, bullet train, etc.) will be used in a limited manner if its use is unavoidable.
- O Consider all necessary infection countermeasures concerning the transport of athletes and related staff (transportation rules) based on the measures implemented upon the arrival and departure of athletes and related staff at the Games, as well as on industry-specific guidelines.
- O Devise specific infection countermeasures to be adopted during the transportation of athletes and related staff in Japan in order to ensure a safe and secure Games delivery
  - Transfer between the airport and Olympic and Paralympic Village when entering and leaving Japan
  - Transportation between the Olympic and Paralympic Village and competition and training venues
  - Transportation between the Olympic and Paralympic Village and the International Broadcast Centre (IBC) / Main Press Centre (MPC)
  - · Transportation between cities
  - Transportation by self-arranged vehicles
  - Handling of luggage etc.

#### (1) Cases where athletes and related staff travel directly from their arrival airport to the Village



 In principle, athletes and related staff who need to travel directly from their arrival airport to the Olympic and Paralympic Village will be transported by dedicated vehicles procured by Tokyo 2020.

#### (2) Cases where athletes and related staff travel from their arrival airport via a Host Town, etc. to the Village



- Athletes and related staff who will travel from their arrival airport to the Olympic and Paralympic Village. via a Host Town (e.g. to participate in pre-Games Host Town friendship programs or training camps, etc.) will in principle be transported by dedicated vehicles procured by Host Towns. However, public transportation (airplane, bullet train, etc.) will be used in a limited manner if its use is unavoidable.
- O Local municipalities welcoming athletes and related staff will devise specific infection countermeasures to be adopted during their transportation to Host Towns and include these in their Reception Manual.
- An agreement shall be made in advance regarding compliance with the reception manual.

#### (3) Cases where athletes and related staff travel from the Village to competition and training venues during Games time



When travelling between the Olympic and Paralympic Village and training and competitions venues, athletes and related staff will in principle travel by dedicated vehicles procured by Tokyo 2020. However, public transportation (airplane, bullet train, etc.) will be used in a limited manner if its use is unavoidable.

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## (4) Basic Infection Prevention Measures

#### **Premise Idea**

- This is a basic policy for measures that place top priority on implementing a safe and secure Games operations.
- Based on this policy, feasible measures will be considered in terms of operation, and will educate each individual about infection prevention measures.
- · Based on the standards of the host country, Japan, measures shall be as follows.

## **1** Securing Physical Distance

- In principle, people who have contact with athletes should keep distance of 2 meters from athletes.
- For all other contacts, keep distance of 2 meters (at least 1 meter or more) where possible
- If the distance above cannot be sufficiently secured due to operational reasons, additional measures should be considered for each operation.
- In principle, the above applies to the basic policy for spectators, but the spectator seats will be considered separately.

#### 2 Masks

- In principle, all Games stakeholders shall wear a mask at all time (taking care to avoid heat stroke.)
- This does not apply to circumstances such as during meals or to athletes during competitions.
- Wearing a mask shall not be mandatory in case of sufficient distance (at least 2 meters or more)
  can be secured between people outdoors.

## **3** Hand Hygiene

- · Thorough hand washing and sanitisation on each occasion
- · Installation of hand sanitisers at appropriate locations

## 4 Avoidance of Closed Spaces, Crowded Places and Close-Contact Settings

- Avoid poorly ventilated closed spaces (if unavoidable to stay in those spaces, implement measures such as ventilation, reducing the density of people, and avoiding conversations at close range.)
- Avoid crowded places and close-contact settings
- Efforts to avoid face to face settings as much as possible
- Efforts to avoid stays for a long time

## **5** Ventilation

- · Ventilate at least once every 30 minutes for several minutes with windows or doors, etc. open.
- · Allow for a two-sides air flow to create a flow of air if there are multiple windows or doors, etc.

## 6 Avoiding contact infections via objects

- · Avoid reusing shared items as much as possible
- If unavoidable, disinfect objects before use \_8\_

## (5) Infection Countermeasures for Athletes and Related Staff at Competition Venues and Olympic/Paralympic Village, etc.

## 1. Basic Approach

In order to ensure the safety and security of athletes and related staff and to protect the public from COVID-19, and in light of the border measures concepts discussed at the second Coordination Meeting, athletes and related staff shall be managed within closed areas and infection countermeasures focusing on individuals shall be thoroughly implemented.

- (1) Thorough infection countermeasures
- (2) Thorough monitoring (Health management of athletes)
- (3) Active intervention in the case of symptoms appearing

Specific measures will be implemented based on (1), (2) and (3) Details to be considered with IOC, IPC, etc. going forward.

### (1) Thorough Infection Countermeasures

#### 1 Thorough education and implementation of basic measures

- · Athletes and related staff to wear masks, practice hand sanitizing, avoid 3Cs, etc.
- Installation of equipment to prevent the spread of droplets, and thorough implementation of infection prevention measures such as securing appropriate physical distance
- Thorough prevention measures of contact infection such as cleaning and disinfection
- Thorough infection prevention measures for Games staff, etc. in contact with athletes, e.g. wearing masks, suspending individuals with fevers from the workplace, etc.

#### ② Thorough implementation of Code of Conduct, etc. for athletes and related staff (page 14)

- As a general principle, to limit the movement range of athletes and related staff to facilities managed by Tokyo 2020 as part of the Games operations (e.g. competition venues, training venues) or to facilities approved by Tokyo 2020 in advance (e.g. training venues arranged by NOCs/NPCs, etc.)
- In principle, travel only via designated vehicles. However, limited use of public transportation is acceptable if unavoidable (aircraft, bullet train, etc.)
- To specify in detail the infection prevention measures and monitoring process mentioned in above ①
- Apply these rules, etc. thoroughly for athletes and related staff who do not stay in the Village

etc.

etc.

Note: Aim to achieve both appropriate infection prevention measures in accordance with the grade of impairment of para-athletes and safe Games operations (refer to page 21)

Note: Discuss with IOC/IPC, etc. going forward how to ensure effectiveness of those rules, etc. and the modification of services to athletes and related staff in accordance with the implementation of infection countermeasures

#### ③ Rearranging the period of stay at Olympic and Paralympic Village

- To shorten the period of stay in order to reduce the risk of infection, through optimization of arrival/departure timings including prompt departure after competition will be ensured
- Establish a system whereby athletes are to promptly depart from Japan after leaving the Village except for post-Games friendship program at Host Towns
- 4 Approach to Testing for athletes and related staff in the Olympic and Paralympic Village, etc. (page 15)
- ⑤ Measures & Rules by Sport (page 19 )

## (2) Thorough Monitoring

#### Monitoring and follow-up health condition of athletes and related staff

- Regularly check the health condition of athletes and related staff after entry into the Village
- Make individual contact with athletes and related staff who report the appearance of symptoms or their concerns
  of infection, and advise them to undergo a medical check at the Village Polyclinic
- Establish a framework that enables appropriate testing as needed

etc.

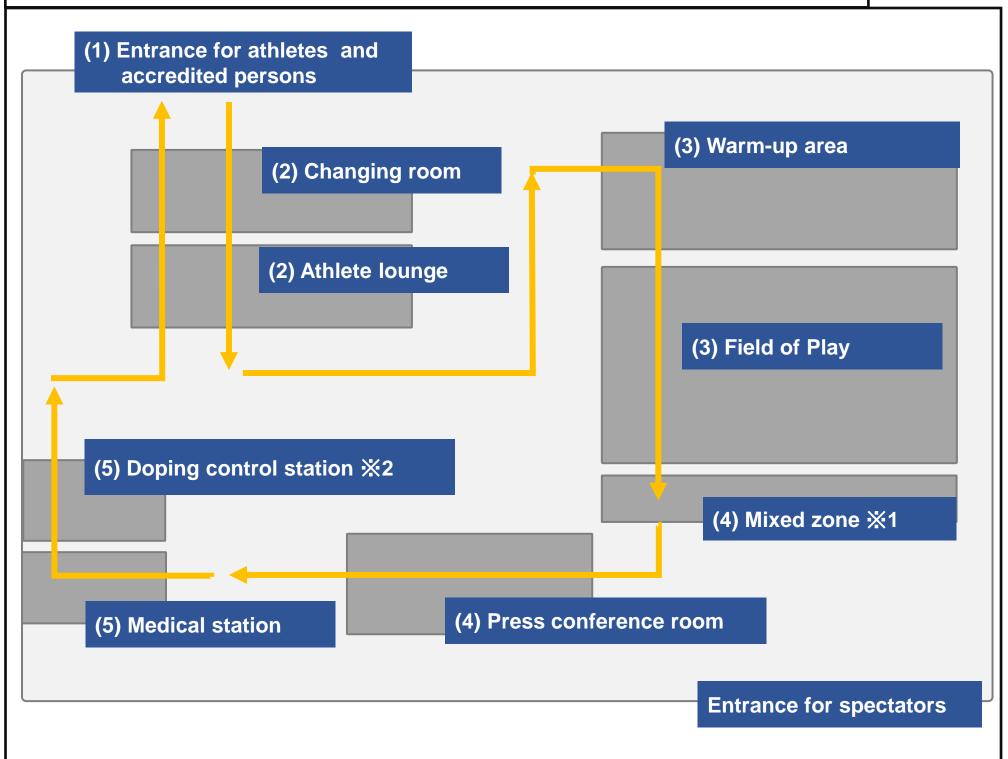
## (3) Active Intervention in the Case of Symptoms Appearing

Refer from page 16 (Health and Hygiene, Medical Care, and Medical Treatment for athletes and related staff) and page 20 (Athlete eligibility decision-making upon tested positive cases) regarding continuous health management, ensuring care and treatment system, tracking in case of symptoms appeared etc.

## Infection Countermeasures for Athletes and Related Staff at Competition Venues, etc.

- 1. Overview of Competition Venues, etc.
- O Competition venues · · · · 43 venues in total
- O IBC/MPC
- O Training venues · · · · Venues officially prepared for athletes by Tokyo 2020, such as gymnasiums or facilities owned by local municipalities, private entities or universities, located in or outside Tokyo

## 2. Flow of Athletes at Competition Venues (Conceptual Diagram)



- X1 Location where press briefly interview athletes who just finished the competition before returning to the changing room
- ※2 Location where test samples are collected from athletes selected for doping test

## 3. Basic Approach

OImplement thorough zoning control and minimize the contact between athletes and the Games staff, etc.

OCarry out thorough infection countermeasures for Games staff, etc. who will have contact with athletes.

Implement the following measures in accordance with characteristics of each competition and venue based on the basic approach above.

### 4. Specific Measures

#### (1) Entrance for athletes and accredited persons

- Temperature check for athletes and related staff
- Avoid congestion at entrance
- · Strong encouragement of infection prevention measures such as hand sanitizing

etc.

### (2) Changing room · Athlete lounge

- Avoid 3Cs, restrict behaviors such as forming circles, giving pep talks and singing songs and ensure the prevention measures of droplets spread
- Provide meals at athlete lounge ensuring infection prevention measures for the Games staff; to change the format of serving the meals as necessary
- Increase the frequency of cleaning and disinfection

etc.

### (3) Field of Play · Warm-up area

- Thorough infection countermeasures for technical officials and Games staff who are essential for competition operations
- Thorough disinfection of Field of Play sport equipment (if complete disinfection is difficult, take measures such as increasing the volume of equipment)
- Consider reviewing the victory ceremony operations

Note: Consider reviewing the practice of athletes watching competitions from spectator seating, from a prevention perspective.

etc.

#### (4) Mixed zone · Press conference room

- Ensure physical distancing between athletes and media/Games staff
- Increase frequency of cleaning and disinfection (microphone · chair · equipment etc.)
- Restrict the number of people who can enter interview areas

etc.

## (5) Medical station · Doping control station

- Thorough infection countermeasures for Games staff (wearing protective equipment such as masks and gowns)
- Isolation and transfer of those who are suspected of being infected according to a doctor's judgement
- Formulation of medical treatment procedure taking infection risk into account (ensure that patients wear masks when entering the station, etc.)
- Increase the frequency of cleaning and disinfection

etc.

XImplement measures at IBC, MPC and training venues in accordance with above

## Infection Countermeasures for Athletes and Related Staff in Olympic and Paralympic Village

### 1. Olympic and Paralympic Village Overview

In the Olympic and Paralympic Village, athletes interact with each other regardless of country or competition, and enjoy group life. This is a special feature of the Olympic and Paralympic Village.

With a full understanding of this situation, measures will be taken to protect NOC/NPC from infectious diseases and to provide an environment in which athletes can perform in the best condition at competitions.

#### <Olympic and Paralympic Village (Harumi)>

- Size: about 44 ha
- Number of beds: 18,000 (Olympic), 8,000 (Paralympic)
- Number of stakeholders: NOC/NPC about 18,000, Visiting guests/media about 2,000 people/day, Games staff about 8,000 people/day

#### <Satellite Village (Sailing Village)>

- Facility: Oiso Prince Hotel (Oiso-machi, Kanagawa)
- For competitions at Enoshima Yacht Harbour

#### <Satellite Village (Cycling Village)>

- Facility: Laforet Shuzenji (Izu city, Shizuoka)
- · For competitions at Izu Velodrome etc.

#### 2. Concept of Measures

- O Ensure basic infection prevention measures are thoroughly implemented and explained; take additional measures to prevent infection in accordance with the specific characteristics of each facility in the Olympic and Paralympic Village.
- O For enabling provision of safe and secure services, set certain restrictions (spatial and temporal) as necessary.
- O Implement specific measures for alleviating congestion on occasions when temporary crowds and close contact are expected, such as entry into the Village.
- O Thorough measures to prevent infection will be implemented for all other stakeholders in addition to NOC/NPC.

Based on the concepts above, the following measures will be implemented in accordance with the characteristics of each facility, etc.

#### 3. Measures

## 1. Measures in the Main Dining Hall

Implement necessary measures to reduce congestion etc. while maintaining the principle that athletes can choose their own meals for the nourishment they need and in accordance with their religious practices and eating habits.

- ☑ Cooking staff members take infection prevention measures before providing meals individually and meals are subdivided into components in advance if necessary.
- ☑ While considering measures to alleviate congestion such as reducing the number of seats, removing the cloak room, and decreasing the maximum stay time, try to maintain the service levels via the usage of casual dining, dispersing use times by informing users of congestion levels, announcing menus in advance, limiting service hours for meal provision, etc.
- ☑ As a measure to prevent droplet spread, install acrylic boards etc.
- ☐ Thorough implementation of careful disinfection on hands and fingers, mask usage when not eating, and operation of ventilation facilities

#### 3. Measures

#### 2. Measures at fitness centers

The NOC/NPC are provided with an environment for exercise and fitness. Thorough infection prevention measures are necessary since the facility is critical for athletes in conditioning for competition.

- ☑ Rules for users to be established, in order to avoid/alleviate congestions.
- ☐ As a measure to prevent droplet spread, install acrylic boards between training equipment
- ☑ Thorough implementation of careful disinfection on training equipment, hand sanitisation, and operation of ventilation facilities, etc.

## 3. Measures at Olympic and Paralympic Village Polyclinic

Comprehensive medical services provided to athletes and related staff by eight clinical departments, including the emergency department and orthopedics department, and four service categories, including pharmacy and physical therapy. Provide necessary medical services while taking all possible measures to prevent infection.

- ☑ Thorough implementation of treatment procedures and infection prevention measures with consideration for the infection risk in each clinical department
- ☐ Introduction of a reservation system to avoid the concentration of patients at a certain window
- ☑ Accept only those staying in the Village and prioritize athletes

## 4. Measures at residential buildings

A space where NOC/NPC spend a lot of time. As the number of rooms are limited, allotting more than one person per room is unavoidable. Consideration is needed to implement measures to prevent infection so that athletes, etc. can reside safely.

- ☑ [Residential room] Communicate information on infection prevention in daily life to NOC/NPC and enforce practices. Health management via daily body temperature check, ventilation during room cleaning and linen change, wearing of masks by staff, hand disinfection
- ☑ [Resident center] Installation of acrylic boards, wearing of masks to prevent droplet spread, equipment disinfection
- ☑ [Reservable meeting rooms] Limit the number of users, recommend online meetings, installation of circulators
- ☑ [Other shared facilities and equipment] Disinfection of high frequency contact points (e.g. elevators, remote controls), etc.

## 5. Measures at Village Plaza

Facility hosting a variety of shops supporting the lives of athletes and related staff as well as a media center. Busy facility visited by many stakeholders including the accredited media. Implement measures to prevent infection, including easing congestion.

- ☑ Implement measures to reduce congestion and density in the facilities by placing restrictions on the number of visitors and establishing rules of use of such places.
- ☐ Thorough implementation of measures to prevent infection in shops, etc. (Installation of plastic sheets, wearing masks, disinfection, etc.)
- ☑ Keep entrance open to circulate outside air, installation of circulators to prevent air-tight spaces.

#### Points to Consider

※ Regarding accommodations outside of the Olympic and Paralympic Village and Satellite Villages, the measures set forth in the Olympic and Paralympic Village shall be referenced. A standardized concept shall be examined and necessary measures shall be implemented hereafter.

## (6) Code of Conduct for Athletes and Related Staff

## 1. Cases Needing Deliberation

- In particular, all athletes and related staff shall comply the following rules to ensure the safety and security of athletes and related staff, and to protect Japanese citizens against COVID-19 infections during the Olympic and Paralympic Games.
- To ensure a safe and secure delivery of the Games, the following three perspectives shall be considered. Details will be discussed with IOC, IPC, and other relevant entities.
  - 1. Health Monitoring
  - 2. Practicing "New Lifestyles"
  - 3. Restrictions on accommodations, destinations and movement

Note: This section is focusing on the code of conduct for the period from entering into to leaving the Olympic/Paralympic Village.

#### 2. Measures

NOC/NPC, etc. shall appoint and report to Tokyo 2020 a Health and Hygiene Liaison Officer who will oversee compliance with rules below and each NOC/NPC member's health condition. The Health and Hygiene Liaison Officer shall ensure that each member acts in accordance with rules and shall be responsible for compliance to them.

## 1. Health Monitoring (Health management of athletes and related staff) Health management

- Athletes and related staff should regularly check and record their body temperature. Any individuals having problems should inform Tokyo 2020 through their Health and Hygiene Liaison Officer.
- For testing procedures, refer to page 15.

#### **Health monitoring applications**

Athletes and related staff are required to install in their mobile phones certain applications which enable us
to obtain information on those with whom they've had close contact, health monitoring, location records
and testing information, etc.

#### 2. Practicing "New Lifestyles"

- In principle, athletes and related staff are requested to maintain sufficient physical distancing, sanitize hands regularly and wear masks at all the time. This does not apply to circumstances when wearing masks is inappropriate e.g. during competitions, training/warming up and meals.
- To minimize the infection risks, athletes and related staff are asked to avoid speaking loudly or staying unnecessarily for a long time in crowded spaces that cannot keep enough physical distancing, regardless of wearing masks or not.
- Avoid unnecessary or non-urgent contacts with others, including visitors to the Olympic/Paralympic Village.
   Ensure appropriate physical distancing when the contact with others is inevitable.

#### 3. Restrictions on Accommodations, Destinations and Movement

- NOC/NPC, etc. designate a base of stay at one of the following: the Olympic/Paralympic Village, accommodation arranged by a hosting municipality or accommodation arranged independently.
- NOC/NPC, etc. can visit all competition/training venues managed by Tokyo 2020 (Tokyo 2020 facilities) and other facilities managed by NOC/NPC (NOC/NPC facilities) related to athletes' preparations such as high- performance training centres. NOC/NPC facilities shall apply the same standard of the hygiene criteria which are applied to Tokyo 2020 facilities. Prior registration should be made by NOC/NPC, etc. to add such facilities as destinations.
  - \*Other areas that may be visited will be further considered.

#### 4. Response upon non-compliance

- Any violations of the Code mandated herein shall be informed to the NOC/NPC Health and Hygiene Liaison Officer and the Officer shall ensure warnings are given for noncompliance. In case any improvement is not seen, it should be strictly dealt with.
- Rules shall be established in discussion with IOC/IPC and after taking the severity and degree of violation into account.

## (7) Approach to Testing for Athletes and Related Staff at the Tokyo 2020 Games

## 1. Cases Needing Deliberation

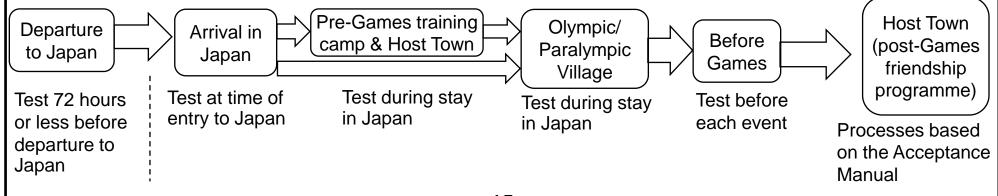
- (1) Overseas athletes and related staff who will participate in the Tokyo 2020 Games
- (2) Japanese athletes and related staff living in Japan who will participate in the Tokyo 2020 Games
- (3) Games stakeholders (IOC, IPC, international federation members and others)
- (4) Those who are expected to come into physical contact with athletes or support staff (those in charge of pre-Games training camps, Host Towns, or the Olympic and Paralympic Village, etc.)

#### 2. Measures

- O In addition to requiring overseas athletes to be tested at the time of their entry to Japan, health management and behavioral rules will be strictly enforced and testing will be conducted as necessary during all journeys they make within Japan to ensure a safe and secure environment in Host Towns and in the Olympic and Paralympic Village. Japanese athletes living in Japan should be treated in the same manner as overseas athletes.
- O For testing in pre-Games training camps, Host Towns, etc.:
- A screening test for asymptomatic individuals will be conducted within 96 to 120 hours of the test at time of entry to Japan for those from countries/regions subject to denial of entry.
- A screening test will be conducted approximately 72 hours before athletes enter the Village.
- If a positive result is obtained in the screening test, there will be an immediate retest to confirm the result. If the result of the retest is positive, all necessary measures will immediately be taken to prevent the spread of infection in cooperation with the health authorities.
- O For testing in the Olympic and Paralympic Village:
  - To monitor those in the Village suspected of being infected or who have been in contact with an infected person, the Village will be equipped with testing and analysis facilities and will promptly conduct tests and diagnoses.
- Those staying in the Village will, as a rule, undergo periodic screening tests during their stay. The interval between testing will be 96 to 120 hours, in principle.
- The first screening test at the Village will be conducted immediately after entry. However, if it is clear that 96 hours have not passed since the previous test, for example at the time of entry to Japan, test will be conducted between 96 hours and 120 hours after the previous test.
- Testing schedule will be drawn up in advance.
- If a positive result is obtained in screening tests, there will be an immediate retest to confirm the result. If the result of the retest is positive, all necessary measures will be taken to prevent the spread of infection in cooperation with the health authorities.
- The timing of tests prior to events will be adjusted in line with the respective international federation guidelines and other factors.
- O Screening tests after arrival will be PCR-based or use antigen quantitative testing.
- O Those who are expected to have contact with people involved in the Games (athletes and related staff) will also be subject to thorough health management and behavioral rules, and shall be examined if necessary depending on their degree of contact with athletes and related staff.
- O A process by which test results can be quickly verified and shared will be established.
- O In Host Towns and the Olympic and Paralympic Village, etc., we will establish a system that enables the provision of all necessary testing and medical care so as not to interfere with local healthcare and hygiene functions (e.g. a sample collection center in the Village, development of testing and analysis facilities, etc.)

  Note: details will be discussed with the IOC, IPC and international federations etc., going forward.

#### **Testing process**



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## (8) Health and Hygiene, Medical Care, and Medical Treatment for Athletes and Related Staff

## 1. Basic Approach

OEstablish a system for dealing with infected or suspected athletes and related staff based on thorough border measures, transportation rules, infection prevention measures for managing athletes and related staff in closed areas and rules on behavior, etc.

OIn areas where athletes and related staff are concentrated, such as the Olympic and Paralympic Village, competition venues, Host Towns, and local governments with pre-Games training camps, we will respond based on the impact on each area from the perspective of maintaining the health and medical functions of the area.

OIn addition, if a symptom appears in athletes and related staff, it will have a direct impact on the Games operation, such as whether or not to participate in the competition, therefore we will establish a system in which the infectious disease control department and the organisation responsible for the Games operation such as Tokyo 2020 can work closely together.

Regarding the above, details will be coordinated with related organisations including IOC, IPC, IF, etc.

## 2. Establishment of Tokyo 2020 Infectious Disease Control Centre (tentative name)

Establish the Tokyo 2020 Infectious Disease Control Centre (tentative name) within the Main Operation Center (MOC) of the Tokyo 2020, which serves as a hub for information sharing in the operation of the Games, to strengthen the incident management function for infectious disease control in the operation of the Games so as to centrally promote measures against infectious diseases in cooperating with the Olympic and Paralympic Village Polyclinic and the health and hygiene base function.

## 1) Monitoring and support of health status of athletes and related staff

Based on the impact on the operation of the Games, consistent monitoring of the health status of athletes and related staff until the end of the Games, early testing for suspected infections, early detection of positives, and necessary support to be conducted.

## 2) Information sharing and contact / coordination in case of occurrence of person tested positive

Since there are a wide variety of athletes and related staff and people involved in the Games, and their behaviors are different, in an event of occurrence of person tested positive, the behavior history and contact status are checked for each group to which the person concerned belongs and prompt information sharing and necessary contacts and coordination shall be made.

## 3. Construction of Health and Hygiene Base Function

In order to strengthen the administrative health and hygiene function of the areas where athletes and related staff gather, such as the Olympic and Paralympic Village, we will strengthen health and hygiene function, so that we can collaborate in close cooperation with Games operations. Discussions will be made with related parties regarding specific functions and structures.

#### 1) Smooth health observation, hospitalisation / transportation adjustment, etc.

In cooperation with the Tokyo 2020 Infectious Disease Control Centre (tentative name), NOC and NPC, etc., medical institutions for health observation and hospitalisation when tested positive will be selected, and coordination will be made on patient transportation, etc.

#### 2) Epidemiological investigations such as identification of close contacts

At the health and hygiene base function, receive information such as athletes' behavior records and contact records obtained by NOCs and NPCs through the Tokyo 2020 Infectious Disease Control Center (tentative name), and build a system to carry out epidemiological surveys appropriately and smoothly.

For athletes and related staff, in order to accurately and smoothly identify close contacts and make testing judgments, etc., with the advice of experts, prepare procedures / patterns and testing procedures for identifying close contacts in advance, and prepare isolation destinations until test results are known and share them with related parties.

## 4. Efficiency of Health Management and Behaviour Tracking of Athletes and Related Staff

We will establish a system to detect the onset of symptoms in athletes and related staff at an early stage that will allow for smooth consultations and prevent the spread of infection.

We will make use of digital tools in order to efficiently grasp contact status, health observation information, location information, test information, etc., that will allow us to manage information appropriately and implement the necessary measures that will lead to speedy initial action in case of occurrence of person tested positive.

## 5. Securing Medical Institutions for Athletes and Related Staff to See and be Hospitalised

1) Fever outpatient clinic etc. set up at the Olympic and Paralympic Village Polyclinic Strengthen the functions of the polyclinic set up in the Village, and set up a fever outpatient clinic that provides medical care for infectious disease symptoms such as fever, and a branch lab that is a private testing institution that promptly tests.

#### 2) Securing hospitalised medical institutions

In the case asking the designated Games hospital \* etc. to provide medical care to athletes and related staff, the human and equipment resource burdens involved in hospitalisation and discharge procedures for patients with COVID-19 infection and in-hospital infection prevention measures, the peculiarities of involving whether or not athletes can participate in competitions, and the impact on regional medical care will be of concern. The human resource burden on the designated Games hospitals shall be reduced and multilingual system at medical institutions that accept foreign patients shall be secured.

\* The designated Games hospital: A rear hospital that accepts athletes and related staff and the people involved in the Games who need to be hospitalised during the Tokyo 2020 Games. Conclude an agreement with Tokyo 2020 in advance.

## 6. Securing Accommodation for Mild Symptom/Asymptomatic Cases

Secure accommodations for athletes and related staff with mild symptom/asymptomatic cases

- ①Discuss and determine how to secure facilities and operate
- ②Conduct efficient health observation during medical treatment, such as using digital tools for health observation.
- ③Obtain the cooperation of a team doctor, etc. to check the health condition during medical treatment.

## 7. Strengthening Local Health Care Functions

Build a system to support smooth cooperation and collaboration with the region so as to contribute to both smooth operation of the Games and the local health care system during the Games.

Allow for smooth cooperation and coordination with local governments that have competition venues, Host Towns, and pre-Games training camps.

Note: In satellite villages, etc., measures will be taken based on these systems.

## (9) Sport by Sport Measures and Rules (Games Operations upon Tested Positive Cases)

## 1. Measures in Competition Venues and Competition Areas

## (1) Sport by Sport Measures

Tokyo 2020 is currently in discussion with IFs about the sport by sport measures necessary for competition venues. Version 1 measures will be developed by the end of this year. It will be verified at test events, etc. and finalised by June 2021.

#### [Examples of measures under consideration]

- ① Response related to "people": Secure physical distancing of technical officials/the Games staff and athletes. Ensure wearing masks and gloves, etc. (e.g. technical officials, ball boys, the staff who hand out water, etc.)
- ② Response related to "materials": Switch the traditional common-use to personal use, disinfection of sport equipment, etc (e.g. water bottles for football, chalk for gymnastics, disinfection of balls, etc.)
- ③ Response related to "operations": Change the layout of athletes' bench and seating for technical officials, etc. (e.g. basketball: distancing athletes' bench from the seating of technical officials, installing a shield etc.)

## (2) Competition Operations upon Occurrence of an Infected Case

- In order to ensure the smooth running of competitions even upon occurrence of infected cases and while taking the timing of testing into consideration, the appropriate replacement of athletes and technical officials will be discussed in cooperation with IOC, IPC and IFs by the end of March. After that, it will be finalized by June together with the above infection prevention measures.
- o Information regarding the appropriate response when someone being tested positive will be shared with IFs as needed so that they can properly review procedures of competition management and so on as the situation changes while asking IFs to share the latest information related to the operation of competitions.

## 2. Athlete Eligibility Decision-making upon Tested Positive Cases

## (1) Basic Approach

- O To ensure the safety and security of athletes and local communities, in line with relevant laws, all necessary measures will be enforced for athletes who tested positive, and those will not be allowed to compete in the Games. An athlete eligibility decision-making process should be elaborated while considering false positive cases, etc.
- O When a positive case is confirmed, it is essential to identify any people with whom the infected persons has had close contact as soon as possible to deliver a competition under a safe and secure environment.
- O The points mentioned above are crucial for both athletes and competition operations. Therefore, the decision-making process and procedure of each case needs to be clarified in advance, and an agreement will be developed with relevant stakeholders including IOC, IPC and IFs.

## (2) Necessary Measures

#### 1 Response to athletes asymptomatic but testing positive

The decision on whether the athlete is asymptomatic but tested positive can compete or not will be made by final diagnosis, according to the pre-determined procedure such as that, for example, they can compete if retested negative.

## 2 Identifying "persons in close contact", etc.

Many IFs are of the view that the decision by the local health authority takes precedence in identifying persons who have had close contact with someone who has become infected. In light of this view, and referring to the information provided by IFs, a common understanding will be established in advance between the health authorities and Tokyo 2020.

There is also a need to establish in advance a method of listing "persons as suspected of being in close contact" for subsequent identification process to be implemented quickly.

## 3 Athlete eligibility for those considered as "a close contact", etc.

Many IFs are of the view that the decision by the local health authority takes precedence in whether or not "athletes in close contact" can participate in the competition. In light of this view, to continue discussing the procedure between the Government of Japan, the Tokyo Metropolitan Government and Tokyo 2020. There is also a need to consider whether an athlete already listed as a possible close contact but not yet identified can participate in competition.

Including the above points to be discussed, the relationship and roles and responsibilities between the medical professionals of Tokyo 2020, IOC/IPC, IFs, and NOCs/NPCs shall be clarified in advance.

## (10) Infection Prevention Measures for Para Athletes and Related Staff

## 1. Basic Approach

- ① While guidelines for athletes including the infection countermeasures are consistent for both Olympic and Paralympic athletes, Para athletes may have cases in which they cannot implement measures (ensuring physical distance, hand sanitisation, etc.) by themselves.
- ② Specify additionally required measures in guidelines for athletes based on infection prevention measures in the Olympic Games, and apply to the Paralympic Games.
- ③ While the measures are consistent for both Olympic and Paralympic athletes when a positive case occurs, specific consideration is crucial for athletes with underlying health conditions, as these athletes are considered to be at a high risk of developing serious conditions.

#### 2. Main Discussion Points

While the NPC will be required to take "infection countermeasures focusing on individuals", Para athletes may have cases in which they can not complete activities necessary for daily infection prevention such as health management and reporting, including the use of app, physical distancing, and hand sanitization by themselves.

Therefore, additional guidelines related to infection prevention measures will be developed for Para athletes who require external support.

## 3. Direction of Specific Measures

There will be no difference for the Games staff at the Competition venues or Paralympic Village to provide services to the athletes including the Para athletes maintaining appropriate physical distance.

It is therefore necessary for some Para athletes to take infection prevention measures with the support by various staff within NPC, such as assistants and/or team doctor who work with Para athletes on daily basis, know the athletes condition including underlying health conditions, and spend a long time together during the Games.

In these occasions for assistance, distance will become close between a Para athlete NPC staff or between Para athletes, thus it is necessary to reduce the infection spread risk through them.

- ① Develop the guidelines for NPC staff to support infection prevention measures for Para athletes as guidelines for athletes. The guidelines will be developed to present the appropriate protocols to prevent the infection of both Para athletes and NPC staff, considering the opinions of medical experts and in accordance with type of impairment.
- 2 The athletes' health and hygiene management structure within NPC athlete delegation will be developed as common agenda for NOC and NPC. A system will be built to share relevant information and to collaborate among the Health and hygiene liaison officer in NPC, Tokyo 2020 and concerned parties, bearing in mind that some Para athletes are considered to be at a high risk of developing serious condition.

#### 2. Games Stakeholders other than Athletes and Related Staff

### 1. Cases Needing Deliberation

- (1) Organisers, etc. (1)Organisers, etc. (IOC, IPC, NOC, NPC, IF, Marketing Partner (MP)) ②International and Domestic Dignitaries)
- (2) Media (Olympic Broadcasting Services (OBS), Rights Holding Broadcasters (RHBs), and media outlets/press (PRS)
- (3) Games Staff (1) Staff 2 Games volunteers 3 Contractors)
- (4) City volunteers

#### 2. Discussion Points

#### **★**Basic Stance

⇒The approach for Games stakeholders other than athletes and related staff shall take into consideration the handling of athletes—indispensable to the Games—and ticketholding spectators, etc. Measures should be considered according to the degree of involvement with Games operations, content of work, amount of contact with athletes

#### **★**Major Discussion Points

- Border measures upon departing from the origin country and entry into Japan for overseas nationals (scope, approach to restrictions on behavior/activities during 14 day quarantine period; refers to following points on code of conduct, accommodation, transport.)
- Code of Conduct (rules of behavior/activities, limiting range of destination and movement, etc.)
- Accommodation
- Transport
- Contact with Athletes
- Testing

Note: the necessary medical care and treatment will be provided to those who are found to be feeling unwell

## 3. Organisers, etc.

#### **★**Target

- (1) Organisers, etc.
  - Assuming IOC, IPC, NOC, NPC, IF, and marketing partners (MP).
- ② International and Domestic Dignitaries
- Assuming head-of-state-level international dignitaries, ministerial-level international dignitaries, domestic dignitaries

Note: The approach for dignitaries shall be considered separately. For international dignitaries, consideration for border measures upon entry and cooperation with governments, embassies and diplomatic channels will be necessary.

#### ★Basic Approach, Border Measures upon Entry into Japan

- Appropriate infection prevention measures are to be considered during the process of entry into Japan with accreditation.
- In the case consideration is needed for the 14 day quarantine and restriction to use public transportation, sufficient safety is necessary, taking into account the viewpoints of both infection prevention measures required by each country and also requirements for the work environment. Specific considerations will be made going forward.

#### **★**Testing

For Games stakeholders, the approach towards testing should be devised with considerations based on those
who have contact with athletes and related staff, and situation of the entry condition, etc. being discussed.
 Pragmatic viewpoints shall be considered.

#### **★**Code of Conduct during the Games

• In order to ensure safe and secure Games operations, rules of behavior/activities (including movement and destination) will be developed. Will apply to off-duty hours as well.

## 3. Organisers, etc. (continued)

#### **★**Accommodation

- Accommodation will include both hotels provided by Tokyo 2020, and hotels arranged independently.
- Hotels in which regular guests will also be staying will be requested to take measures against COVID-19 based on industry guidelines.

#### **★** Transport

- In the plan prior to postponement, transportation will depend on the target group. Elements include vehicles arranged by Tokyo 2020, vehicles arranged independently, and public transportation.
- It is necessary to consider transportation rules for visitors from overseas.

#### **★**Contact with Athletes

- Some persons will take part in medal ceremonies as presenters. (Presenter selection is usually made the day before the medal ceremony.) The medal ceremony shall be held by devising measures such as thorough implementation of basic infection countermeasures (physical distancing during standby, wearing masks, hand disinfection, etc.).
- Other contact with athletes shall be minimised per the rules of behavior/activities to be stated.
- Regarding NOC/NPC and IF-related persons who will be in contact with athletes (※), additoinal infection prevention measures for accommodation, transportation and testing, etc. shall be taken, in order to ensure a safe and secure Games.

Note: assuming NOC/NPC stakeholders such as Additional Team Officials (ATO) supporting athlete activities, NOC/NPC Presidents serving as Chef de Mission, overseas referees/International Technical Officials (ITO), domestic referees/National Technical Officials (NTO), and IF staff essential for competition operations.

### 4. Media

#### **★** Target

- Assuming Olympic Broadcasting Services (OBS), Rights Holding Broadcasters (RHBs), and media outlets/press (PRS).
- OBS will create the international broadcast video signal. RHBs will broadcast and distribute to each country.
   PRS will report.

#### ★ Basic Approach, Border Measures upon Entry into Japan

- Appropriate infection prevention measures are to be considered during the process of entry into Japan with accreditation.
- In the case consideration is needed for the 14 day quarantine and restriction to use public transportation, sufficient safety is necessary, taking into account the viewpoints of both infection prevention measures required by each country and also requirements for the work environment. Specific considerations will be made going forward.

#### **★**Testing

For Games stakeholders, the approach towards testing should be devised with considerations based on those
who have contact with athletes and related staff, and situation of the entry condition, etc. being discussed.
Pragmatic viewpoints shall be considered.

#### **★**Code of Conduct during the Games

- In order to ensure safe and secure Games operations, rules of behavior/activities (including destinations, e.g. competition venues, IBC/MPC, Olympic and Paralympic Village, training venues, embassies and high performance training centers of each country) will be developed. Will apply to off-duty hours as well.
- The rules of behavior/activities for media will be developed in line with freedom of news-gathering activities.

## 4. Media (continued)

#### **★**Accommodation

- Accommodation will include both hotels provided by Tokyo 2020 and hotels arranged independently.
- Hotels in which regular guests will also be staying will be requested to take measures against COVID-19 based on industry guidelines.

#### **★**Transport

- In the plan prior to postponement, the premise was that public transportation will be used. (Public transportation to be used at arrival to and departure from Japan. Vehicles arranged by Tokyo 2020 and public transportation to be used during Games time.)
- It is necessary to consider transportation rules for visitors from overseas.

#### ★ Contact with Athletes (Countermeasures in Mixed Zones, etc.)

[During interviews with athletes]

- Method of operation to be developed for all venues, basing on the basic policy on physical distancing, etc. set by Tokyo 2020, such as using shields, etc. to maintain a certain distance between media and athletes (in press conferences, Mixed Zones at venues, etc.).
- Interview methods such as online systems to be discussed with IOC.
- Additionally, consider reducing the number of staff to avoid creating crowds.
- The conditions for inviting and interviewing athletes at IBC or various TV studios, etc. shall be determined from the viewpoint of ensuring the safety of athletes (For example, to secure a separate flow line for athletes when conducting interviews, etc.).
- A plan to be developed aiming to restrict the number of people who can access Mixed Zones, etc. (e.g. Operation to avoid crowds by making a reservation system for all athlete interview areas, etc.)

[Media facilities such as MPC and Venue Media Centers, etc.]

• In order to avoid creating congestion to prevent the risk of infection among media, develop new rules consulting with IOC/OBS to limit the number of entrants, etc. to the competition venues and/or the media areas.

#### 5. Games Staff

#### **★**Target

- 1 Staff
  - Mainly people consistently involved from preparations through Games time.
- ② Games Volunteers
  - Most participants will be involved from just before Games time. Some will participate in test events.
  - Persons living overseas include experts in areas for which it is difficult to secure domestic personnel, such as
    those with various experiences in international competitions or those with fluency in minority languages
- ③ Contractors
  - Contractors in Japan and overseas. Contract business covers a wide range of Games operations (e.g. venue operation, security, transportation, food and beverage, cleaning, etc.).
  - Persons living overseas include those essential to Games operations (e.g. those engaged in competition measurements, in development of venues and temporary power supply, etc.).

## 5. Games Staff (continued)

#### ★Basic Approach, Border Measures upon Entry into Japan

- Thorough implementation of basic behavior to prevent infection.
- Appropriate infection prevention measures are to be considered during the process of entry into Japan with accreditation.
- In the case consideration is needed for the 14 day quarantine and restriction to use public transportation, sufficient safety is necessary, taking into account the viewpoints of both infection prevention measures required by country and also requirements for the work environment. Specific considerations will be made going forward.

#### **★**Testing

• For Games stakeholders, the approach towards testing should be devised with considerations based on those who have contact with athletes and related staff, and situation of the entry condition, etc. being discussed. Pragmatic viewpoints shall be taken into consideration.

#### ★Code of Conduct during the Games

- In order to ensure safe and secure Games operations, rules of behavior/activities (including movement and destination) to be separately developed. Self-management via a health management sheet to be requested. Will apply to off-duty hours as well.
- Volunteers may be asked also to play a role in cleaning/sanitizing common items at venues.

#### **★**Accommodation

- Some of the accommodation facilities will be hotels arranged by Tokyo 2020. Most accommodation will be hotels arranged independently or individuals' homes.
- Hotels in which regular guests will also be staying will be requested to take measures against COVID-19 based on industry guidelines.

#### **★**Transport

- In the plan prior to postponement, the premise was that public transportation will be used upon arrival to & departure from Japan and throughout the Games.
- It is necessary to consider transportation rules for visitors from overseas.

#### **★**Contact with Athletes

Persons who have contact with athletes are assumed to be those who work and act within touching distance of
athletes in an environment where basic measures (wearing masks, etc.) cannot be taken, or those who work or
transit with athletes for a long period of time while basic measures are taken. Further thorough measures will be
necessary for these staff.

## [Reference] Examples of Basic Code of Conduct Expected to be Common

- Avoidance of 3Cs (closed spaces, crowded places, close-contact settings) and securing of physical distance
- Thorough use of masks
- Thorough hand-washing and hand disinfection
- · Observe coughing etiquettes, do not speak loudly
- · Observance of rules for meals and breaks
- Refrain from handshaking and high fives, etc.
- · Sanitisation of common-use items, etc.
- Thorough indoor ventilation
- Thorough management of health condition
- Restrictions on behavior/activities during on and off-duty hours

Note: In addition to the above, a set of rules of behavior/activities tailored to situations such as entry into Japan and at competition venues, etc. will be arranged per stakeholder group going forward.

## 6. City Volunteers

#### **★**Target

City volunteers who provide guidance at airports, major stations, etc. and spectators around the competition venue during the Games

Note: City volunteers are not only based in Tokyo but also in co-host cities outside of Tokyo. Please see below for details on the roles of Tokyo Metropolitan Government (TMG).

#### ★ Basic Approach

- TMG and city volunteers will thoroughly implement infection prevention measures in various aspects of Games operations
- Volunteer activities will be conducted predominantly outdoors, therefore, infection prevention measures will be implemented along with heat countermeasures.
- Cooperation with the Tokyo 2020 (Games volunteers) and other local governments that have competition venues (information sharing, etc.)

#### **★**Testing

• Continue to consider the contents of health management and infection prevention measures, etc., taking into account the environment where activities are mainly carried out outdoors outside the venue.

#### ★ Code of Conduct during the Games (Infection Prevention Measures, etc.)

- ①Measures implemented by TMG
  - Utilization of online training, ventilation of waiting rooms during activities, installation of disinfectant, etc.
  - · Checking health condition of volunteers during volunteer activities, using contact tracing apps, etc.
  - Response when symptoms of infection appears during activities (formulation of response flow)
- 2 Measures taken by City Volunteers
  - Prevention of droplet infection wearing a mask, maintaining physical distance from spectators, etc.
     Note: As a heat countermeasure, allow volunteers to remove masks if distance can be maintained, etc.)
  - Prevention of contact infection (Thorough hand disinfection and hand washing, avoiding close physical contact with spectators such as high-fives, etc.)
  - Health management before and after activities (immediate reporting of any infected volunteers after activity, etc.)

#### **★**Accommodation

 Providing information on accommodation facilities that allow for the necessary implementation of countermeasures for those who secure their own accommodation facilities.

## 3. Countermeasures for Spectators

## (1) Infection Countermeasures for Spectators

### 1. Basic Approach

The handling of spectators will be proceeded to consider including spectators from overseas based on the future status of infection in both Japan and abroad, the status of traveling to and from Japan and overseas, and the status of implementation of sports events, etc. as shown below.

## 2. Concept of Upper Limit of the Number of Spectators

- O Based on the status of infection both in Japan and abroad and the results of trial experiments of increasing the current number of spectators, complying with the domestic upper limit regulations shall be the foundation.
- A final decision will be made by next spring.

### 3. Handling of Spectators from Overseas

- The handling of spectators from overseas will be considered and reviewed while ensuring the safety of both spectators and the greater community.
- O Regarding spectators from overseas, setting the conditions of the 14 day quarantine and non-usage of public transportation will make it difficult to watch the Games, so the following measures will be considered from the perspective of establishing infection prevention measures equivalent to these:
  - (A) A sufficient screening system to confirm the safety of spectators from overseas before their entry into Japan.
  - (B) A system will be created that requires spectators from overseas to manage their behaviour and health appropriately after entering Japan. In the case of infection or risk of infection, the system will be effective and quick to allow medical measures such as quarantine to be carried out.
  - (C) To formulate appropriate infection prevention measures depending on the risks, including maintaining the 14 day quarantine based on the infection status of each country.
- O Specific examinations and applications, etc., will be provided based on expert opinions in infectious diseases. Effective screening and health management prior to entering Japan, the testing and a written pledge when entering Japan, behavioural and health management after entering Japan, medical measures such as quarantining and methods to ensure their effectiveness will all be carried out.
- The above measures will be based on the future status of infection in both Japan and abroad, the status of traveling to and from Japan and overseas, and the status of implementation of sports events, etc. A decision will be made by next spring.

## 4. Infection Countermeasures at Competition Venues and the Last Mile (Refer to Document 3 (2) and 3 (3))

## 5. Spectator Health Concerns

- O In the event that a spectator feels unwell at a competition venue (showing signs of a fever etc.), it will be esured to respond as quickly as possible and formulate procedures for first aid support. Support will be provided through invenue medical asistance and transportation to medical institution.
- A system will be established that requires spectators to preserve their tickets and record their seating locations in order to effectively trace anyone who may have come into close-contact with an infected person. These will be disseminated and thoroughly included in the guidelines for spectators.
- The Tokyo Metropolitan Government, the government of Japan, Japan's prefectural authorities and Tokyo 2020 will implement all necessary measures in order to ensure the health of overseas spectators using mobile applications, to coordinate measures for people who are not feeling well, such as those with a fever, and to coordinate with medical institutions and secure the necessary facilities for medical treatment.

## (2) Infection Countermeasures for Spectators at Competition Venues

## 1. Competition Venue Overview

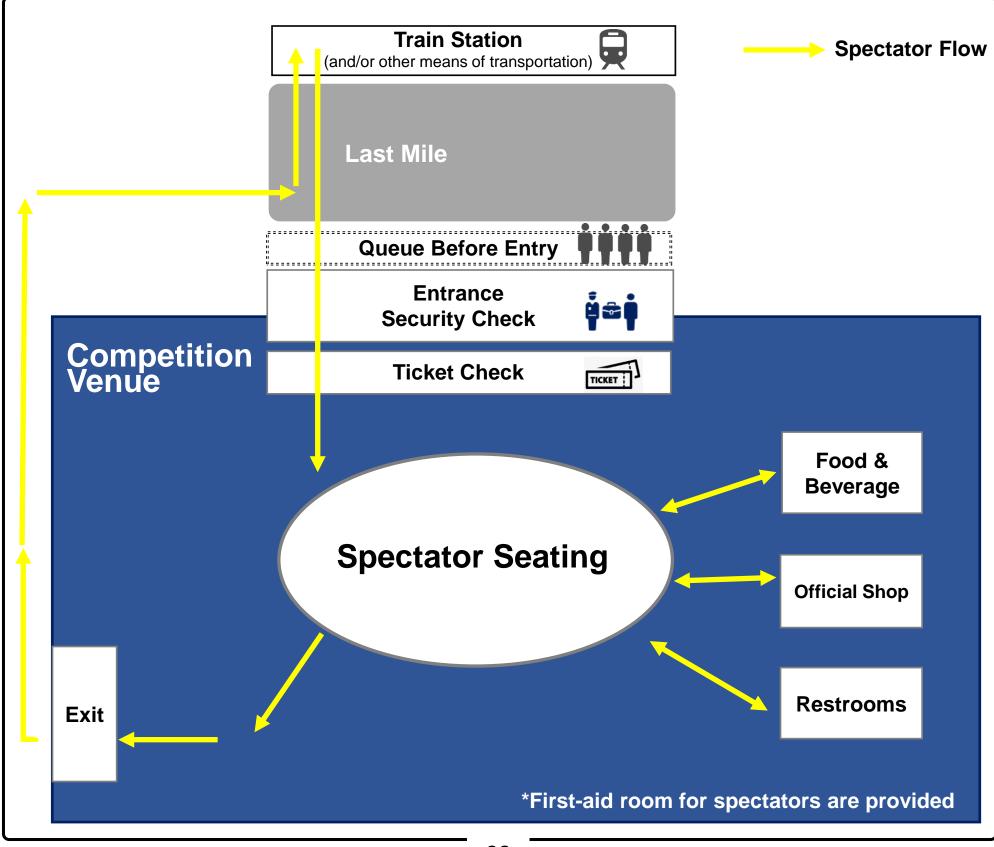
Number of Competition Venues: 43

Range of Venue Capacities: min. 3,000 to max 72,000 (approximate figures)

Games Dates: Olympics - July 23 to August 8, 2021 Paralympics - August 24 to September 5, 2021

Number of Sports & Events: Olympics - 33 Sports, 339 Events Paralympics - 22 Sports, 539 Events

## 2. Spectator Circulation around Competition Venues (Conceptual Diagram)



## 3. Specific Measures

## **Establishing and Communicating Guidelines for Spectators**

Spectator Guidelines (tentative name) to be developed and thoroughly communicated to spectators prior to their arrival at competition venues.

#### **Key Points of the Guidelines**

- Promoting usage of face masks in crowds, coughing etiquettes, thorough hand washing/sanitisation and avoiding 3Cs (closed spaces, crowded places & close-contact settings).
- Prohibiting acts which increase the risk of infection by respiratory droplets in the air, such as yelling, speaking loudly, etc.
- Encourage spectators to check body temperature and health condition before visiting venues, and voluntarily refrain from coming if they are unwell, etc.

Note: Continue considering on balance with heat precautions including heatstroke prevention.

#### **Channels for Announcing Guidelines in Advance**

• To make use of digital media including webpages, SNS and email as well as non-digital media such as newspaper ads.

## **Thorough Infection Countermeasures by Operational Means**

The following measures will be implemented in accordance with characteristics of each venue such as its physical structure (indoor/outdoor).

Methods of communicating these measures to visitors from overseas to be well considered.

#### **Measures to Avoid Airborne Infection**

- Introduce procedures including health condition checks, to keep spectators who are feeling unwell from entering the venue.
- Provide ventilation frequently in crowded areas such as the entrance, food & beverage stalls,
  official shops, restrooms, etc., as well as implement operational methods to ensure physical
  distancing such as floor signs or assigning staff to control queueing spectators.
- Guidelines will be enforced by means of announcements from on-site staff, large digital screens, public announcements, signage, etc. (denial of entry and ejection from venue are possible responses to uncomplying spectators)

Note: Continue considering on balance with heat precautions including heatstroke prevention.

## Measures to Avoid Infection through Physical Contact

- Hand sanitizers to be provided throughout competition venues.
- Frequently touched surfaces, including handrails, doorknobs and elevator buttons will be disinfected.

## **Measures to Mitigate Congestion**

 Precautionary announcements and monitoring of crowds will be implemented in congested areas in the venue and around entrance/exit gates. The installation of a technical system to monitor crowds will also be considered.

## (3) Infection Countermeasures in the Last Mile

### 1. Overview of the Last Mile

- The route between the closest station(s) assumed to be used by spectators and the entrance of the competition venues (the walking route between the stations/competition venues and the pickup/drop-off area for shuttle bus stop etc.).
- Various operations such as heat countermeasures, first-aid, guidance by city cast, security guidance etc. will be implemented in the Last Mile.

## 2. Basic Approach

- OMeasures shall be taken with safety and security for both the spectators in the last mile and local residents/businesses.
- Implement measures in the Last Mile in line with measures taken inside venues such as matching with the Guidelines for Spectators (tentative name).

## 3. Specific Measures

- ①Developing and publicising spectator rules & manners in the Last Mile
- Prevention of droplet infection wearing a mask, etc.
- Avoiding 3 Cs Closed spaces, Crowded places, and Close-contact situations
- maintaining physical distance, etc.
- Compatibility with heat countermeasures putting on/taking off masks as appropriate, remaining hydrated, etc.
- Refrain from actions with a high risk of infection loud conversation, etc.
  - Note: These rules will be created in an easy-to-understand manner for each aspect of the spectator experience

Note: Utilise digital tools such as Tokyo 2020 website and social media for advance dissemination, including multilingual support

- 2 Adherence to spectator rules and development of infection prevention measures
- Obtaining attention of spectators in crowded areas intersections, near PSA, shuttle bus boarding areas, etc.
- Thorough disinfection of facilities first aid stations, rest areas, temporary toilets, etc.
- 3 Response to a person in poor physical condition
- Examination of first aid flow for people with poor physical condition response to suspected cases of COVID-19 infection, coordinate medical institutions, etc.
- Prompt response to a person tested positive thorough recording of contact information for first aid station users, etc.

Based on the opinions of medical experts, concrete measures will be taken according to the situation of the Last Mile and the specific and unique circumstances of the area.

Note: Each public transport service provider will thoroughly implement infection prevention measures based on each industry group guidelines.

-30-

## 4. Countermeasures for Tokyo 2020 Torch Relay and Live Sites (1) Infection Countermeasures for Tokyo 2020 Torch Relay

## 1. Overview of Tokyo 2020 Torch Relays

- Tokyo 2020 Olympic Torch Relay
- Scheduled from 25 March to 23 July 2021, for a period of 121 days (including days for travel) and planned to travel through 859 municipalities (the number planned before the postponement) in all 47 prefectures. Roughly 10,000 torchbearers will be in participation throughout.
- Celebratory event to be held at the end of each day to celebrate the arrival of the flame.
- Each municipality will voluntarily hold a Departure Celebration or Mini Celebration.
- Tokyo 2020 Paralympic Torch Relay Scheduled from 12 to 24 August 2021. The Regional Flame Festivals will be held in all 47 prefectures with the Torch Relay taking place in hosting and co-hosting cities such as Shizuoka, Chiba, Saitama, and Tokyo. Roughly 1000 torchbearers will run with the flame.

## 2. Basic Approach

The Tokyo 2020 Torch Relay will bring together many stakeholders across Japan, therefore, it is essential to ensure thorough countermeasures against infections are implemented throughout. The below points are the base of the original pre-postponement plan and will be expanded upon based on the infection situation and advice from local governments and municipalities.

- Ensuring the safety and security of all spectators, torchbearers, operational staff and local residents.
- Sufficient safety measures along the roadside where spectators gather and at Celebrations, etc.
- O Appropriate response to spectators who are found to be in a poor physical condition.

## 3. Direction of Specific Countermeasures

#### 1 Common Countermeasures

avoidance of 3Cs\*, thoroughly wash & disinfect hands and wear facial masks, refrain from having conversations in a loud voice, inform the public about the infection prevention measures prior to and on the day of the torch relay, etc.

\*3Cs: Closed spaces, crowded places, close-contact settings

### 2 Countermeasures per Scenes

#### **1**Roadside on relay routes

make announcements to wear masks, etc., countermeasures to avoid large gatherings on the roadside, countermeasures related to distribution of merchandise and goods, measures for Celebrity runners, etc.

#### (2) Celebrations

health check of spectators, avoid large gatherings in venues, etc. (Note: shall be implemented based on government's advice on "restrictions on hosting events, etc." at the time)

#### 3 Countermeasures per stakeholder

#### **1**Torchbearers

maintain physical distance during run, health check in advance and at reception, avoid crowding in venues, etc. \*Torchbearers coming from overseas are expected to follow the immigration regulations at that point in time.

#### 2 Operational staff, etc.

thorough health check, development of infection control procedures to help prevent the spread of COVID-19 in case of persons tested positive, etc.

#### 4 Response to those feeling unwell

action planning including collaboration with relevant stakeholders, use of contact-tracing application, etc.

- Tokyo2020 to develop a guideline for COVID-19 countermeasures for Tokyo2020 Torch Relay by the end of 2020.
- Each stakeholder such as Prefecture Task Force shall implement specific COVID-19 infection prevention measures in accordance with the guideline of the countermeasures above.

## (2) Infection Countermeasures at Live Sites

#### 1. Overview of Live Sites

Tokyo 2020 Live Sites are jointly organized by Tokyo 2020 and associated local municipalities. Community Live Sites are organized by local municipalities. The Live Sites provide opportunities to engage with the local community and share excitement of the Tokyo 2020 Games by broadcasting the Games on large TV screens.

### 2. Basic Approach

- Thorough infection countermeasures at Live Sites are essential and to be based on guidelines and knowledge from the government as well as lessons learned from sport events having been held with infection prevention measures taken.
- Each local municipality with a Live Site shall confirm their plans by the end of the year, and review areas such as venues, dates, venue structures (e.g. seating bowl capacities) etc. Further Reviews shall be made as necessary based on the infection situation at the time.
- ○Tokyo 2020 will develop a "Policy of the COVID-19 Infection Countermeasures at Live Sites" based on the following measures stated in (3-below) and will provide to local municipalities by the end of the year.

## 3. Direction of Specific Infection Countermeasures

#### Basic measures

- ①Avoidance of 3Cs (closed spaces, crowded places, close-contact settings) examine venue specification, prevent large gatherings and crowds by implementing crowd control measures, etc.
- ②Infection prevention by droplets spread and contact thorough use of masks (while also considering heat stroke prevention), reduced contact when handling materials, etc.
- **3 Thorough disinfection -** cleaning and disinfection in venues, hand sanitisation, etc.
- **Thorough health management and check -** ensure that those feeling unwell refrain from entering, etc.
- **⑤Thorough communication -** advance guidance and information on measures taken in venues, etc.
- **© Develop a response plan in case of occurrence of persons tested positive or feeling unwell -** response flows, utilisation of the contact-tracing application, etc.

## **○Spectator experience content**

- **1** Live watching advance guidance and dissemination of rules for watching games, etc.
- ②Stage events maintaining physical distance between performers and spectators, avoidance of congestion, etc.
- **③Food and beverage -** thorough use of masks by shop staff, etc.
- 4) Sport experience referring to guidelines developed by IF/NF, etc.

| ○The scale of the Live Sites venue varies depending on the local municipalities. Tokyo 2020 will |
|--|
| request each local municipality to submit a plan on their proposed infection countermeasures at  |
| each venue based on the scale of Live Sites, the venue layout, etc.                              |

Tokyo 2020 will discuss and coordinate with local municipalities to ensure the effectiveness of these plans and review them thoroughly to ensure the safety and security of spectators.

## 5. Measures at Host Towns and Pre-Games Training Camps

## 1. Basic Approach

- O Host Towns bring together Japanese municipalities, atheltes participating in the Games and local residents, to promote internatinal exchange in various fields such as sports, culture, and economy in the hope of revitalizing the local area and establishing a long-lasting relationship that fuels the legacy of the Tokyo 2020 Games (439 registrations, 510 municipalities, 181 partner countries and regions (as of December 2)).
- O While exchange activities that include direct contact with athletes cannot be conducted in the Host Towns, activities that include cheering on the athletes and supporting their countries are already taking place through social media and online platforms. Preparations for accepting players are already in progress, with host town initiatives such as learning the language, culture, food and national anthems of the partner countries and regions to provide support and also welcome the athletes.
- O Looking ahead to the start of the Tokyo Olympic and Paralympic Games, Host Towns are required to carry out infection countermeasures for COVID-19, but it is also important to enable the athletes, etc. and residents to interact with each other even during the COVID-19 pandemic.

## 2. Specific Measures

- O In order to enable the athletes, etc. to visit the Host Towns and let the residents greet them with ease, the Host Towns that will be accepting the athletes, etc. will create an "acceptance manual" that summarises infection countermeasures.
- O The municipalities where only pre-Games training camps will be conducted are also required to implement infection countermeasures, and so are also required to create an "acceptance manual" similar to the Host Towns'.
- The government of Japan has created "guidelines for creating the acceptance manual" and supports the municipalities of the Host Towns to create these manuals.
  - \*If the pre-Games training camps take place at local universities and private grounds, the accepting organisation will be required to prepare the same manual and implement infection countermeasures.
  - \*Infection countermeasures will be implemented in accordance with similar countermeasures implemented for Japanese athletes' pre-Games training camps.
- Ocuntermeasures will likely be categorised as needed depending on factors such as the athletes' length of stay, and the Games' period. The specific contents are as follows on the next page.
- Host Towns and participating countries will come to an agreement in advance regarding compliance with the manual.
- Each country's NOC/NPC will register their itineraries in Japan, including their stay at the Host Towns and pre-Games training camps, with Tokyo 2020.
- The government, Tokyo 2020, municipalities and prefectures of the Host Towns, the IOC, IPC, NOC, NPC, etc. will all share information regarding the domestic itineraries of athletes, etc., preparation status for creating manuals for municipalities and agreement status with the partner countries and regions registered with Tokyo 2020.

## Guidance for Creating an Acceptance Manual for Athletes and Related Staff in Host Towns, etc. (draft)

November 2020

Cabinet Secretariat Olympic/Paralympic Promotion Headquarters Secretariat

#### <u>Introduction</u>

#### (1) COVID-19 countermeasures

All stakeholders are working together to prepare to host the Tokyo 2020 Olympic and Paralympic Games as proof that we have overcome the COVID-19, and to showcase to the world our progress with reconstruction efforts in the areas affected by the Great East Japan Earthquake of 2011.

The infection countermeasures are particularly essential from the perspective of ensuring a safe and secure Olympic and Paralympic Games by protecting both athletes and related staff and local residents from infectious disease.

#### (2) Implementation of Host Town exchanges

In order to promote regional revitalization, the Tokyo Olympic and Paralympic Games will create the opportunity for athletes and other Games participants to visit local Host Towns, where we will aim to promote human, economic and cultural exchanges with the participating countries and regions through the attraction of the pre-Games training camps (Tokyo Olympic Games "Basic Policy" Cabinet Decision on November 27, 2015). It is the first initiative of its kind in the history of the Games, and sees Japanese municipalities, countries and regions around the world interacting, and learning through each other.

While certain stakeholders cannot directly interact due to COVID-19, exchanges with partner countries and athletes and related staff are being carried out online and through social media, and efforts to encourage each other and increase the momentum for the Tokyo 2020 Olympic and Paralympic Games are being held throughout Japan.

The Tokyo 2020 Games is a valuable opportunity for residents to meet the athletes and related staff who will train in their local area, and is also a great chance to showcase the natural environment, the culture and food of various Japanese regions to the rest of the world through the athletes and other members of the

delegation. It is important to maintain a long-lasting connection and legacy, even after the Games come to a close, and to achieve this, we must hold a safe and secure Games that focus on prevention measures as well as promoting cross cultural exchange that further deepen the bond between each Host Town and the partner countries and regions.

# 1. Basic Matters

- Itineraries of the athletes and other members of the delegation should specify the followings.
  - •Destinations and accommodations hotels, training facilities, etc.
  - •The route of travel entry into Japan Host Towns, etc. Olympic & Paralympic Village, etc. (reverse-order after the Games)
- Basic principles for infection prevention that athletes, their delegations, and the municipalities must comply with.

#### For example:

- Avoiding the Three Cs (confined and enclosed spaces, crowded places, closecontact settings)
- Ensure an appropriate physical distancing
- · Wearing a mask
- Hand-washing, disinfection
- Thorough ventilation of indoor areas
- Preventative measures for infection by droplets spread (e.g. Install acrylic partitions, etc.)
- Thorough health management (measure body temperature and record physical condition during their stay and two weeks before/after their stay)
- Establish restrictions and behavior rules regarding accommodation, destinations and means of transportation for all athletes and related staff.
- For Para-athletes, give necessary consideration according to the type of impairment.

# For example:

- Pay close attention to the health management of the athletes.
- Disinfect the parts that will be touched by users of wheelchairs, canes and prosthetics at all times.
- Be sure to disinfect their hands after confirming what the athletes with visual impairments touched.
- Provide easy-to-use disinfection measures for Para-athletes (e.g. installation locations and height of disinfectants etc.).
- Provide disinfection method according to the equipment used such as wheelchairs (e.g. provide disinfectant solutions, disinfectant sheets and paper

towels according to the material of the tools).

- Require accompanying staff to wear a mask and gloves and wash and disinfect their hands and fingers when touching the athletes.
- For media personnel, establish rules to avoid close contact with athletes using partition panel, etc. while keeping a safe physical distance.
- \* During the athletes' stay at the Host Towns for the 14 days after entering Japan, the accepting municipalities have certain responsibilities for example managing the restriction and behavior rules of athletes.

Roles of prefectures and country – for reference

#### Prefectures:

The prefectures shall prepare a support system for the Host Towns and implement the following duties to prevent the spread of the COVID-19 within the area during the promotion of exchange activities between the Host Towns and athletes.

# For example:

- Provide advice for creating a manual in the Host Towns.
- Provide advice for preparations to accept athletes and related staff.
- Response to testing for athletes and related staff and local government officials who are expected to have a certain amount of contact with the athletes and related staff.
- Epidemiological surveys such as identification/testing of those suspected with having symptoms and close contact persons.
- Provide medical care and secure a system for those who have tested positive.

# Country:

In addition to providing advice pertaining to the creation of the manual, implement support such as setting up consultation windows at the Host Towns.

# 2. Main Measures in Each Situation

(unless otherwise specified, those are applicable to pre-Games training camps)

# (1) Travel

# ① Outside the Host Town

- As a general rule, the athletes and related staff and attendants of the municipalities shall travel with dedicated vehicles (chartered bus, chauffeur hired cars, etc.).
- However, when unavoidable, such as if the Host Town is far away, public transportation (airplanes, bullet trains, etc.) can be used to a limited extent (in this case, the attendance by the municipalities is required).
   In this case, avoid contact with the general public and take measures to ensure

In this case, avoid contact with the general public and take measures to ensure physical distancing.

#### For example:

- Use dedicated routes for athletes at stations and airports.
- Secure open seats between the athletes and other passengers keep two rows in front and back open and secure a distance of over 1m with other passengers.
- Arrange a dedicated carriage (by buying all the seats of one carriage of the train).
- Avoid using facilities (e.g., shops) other than the restrooms in rest areas, stations and airports.

# ② Within the Host Town

As a general rule, when traveling within the Host Towns, use a dedicated vehicle.
 When traveling on foot, make sure everyone is wearing a mask, avoid talking loudly and ensure physical distancing with local residents.

# (2) Accommodation

- Take measures to avoid contact with anyone outside the team/delegation.
   For example:
  - Rent out each building of the accommodation facility for the team, rent out by floor or clearly separate the zone from other guests.
  - Avoid using shared facilities (lobby, public bath, bar, shared restrooms, etc.).

- The rooms should be private rooms where possible. However, the use of shared rooms is permissible after taking infection prevention measures.
- Avoid contact with other guests during meals and use a dedicated venue in the accommodation or meals to be taken in their own room (for specific measures, refer to (3) Meals, below)

# (3) Meals

- Avoid contact with other guests and use a private room. For lunch, provide boxed meals at the training venue.
- When the athletes and related staff choose their own dishes (e.g. buffet style), the dishes should be individually served after the kitchen staff undertake thorough infection prevention measures. If necessary, portions may be made in advance and divided between athletes.
- When using boxed meals, make sure the distributors wash and disinfect their hands and throw away any trash on their own.
- o It is important to provide meals that are as similar to the "Olympic & Paralympic Village" as possible by referring to the procurement standards and food and beverage provision strategies of Tokyo 2020. Host cities are required to serve meals that enable athletes to perform to their best, as well as support their nutritional needs. Shall also devise ways for athletes to enjoy the local food culture by using local ingredients of the Host Towns.

# (4) Training

- Reserve the practice venue and do not allow anyone other than authorized personnel to enter. When sharing with multiple countries and regions, make a usage agreement in advance between the parties and share information about COVID-19 countermeasures.
- In addition to conducting thorough disinfection of facilities, take measures against infection by droplets spread by installing acrylic partitions, etc.
- o In indoor facilities, ensure thorough ventilation by using ventilation equipment and opening entrances and exits, and avoid the three C's (closed spaces with

poor ventilation, crowded places, close contact situations) including restrictions on visitors.

- Avoid practice matches against local residents. Implementation of necessary epidemic countermeasures for to be determined separately.
- For the measures against infectious diseases specific to the Sport, the measures and guidelines for relevant competition operation should be referred and appropriate measures should be taken.

# (5) Host Town Exchanges

- ① Before coming to Japan to participate in the Tokyo Olympic and Paralympic Games:
  - Create an environment where residents can learn about the history, culture, foods, language and national anthems of the partner countries and regions.
  - Conduct exchange activities associated with the Olympic and Paralympic Games using the "Olympic and Paralympic Preparation Track for Athletes".
  - Deepen exchanges between residents and athletes of the partner countries and regions via online platforms.
- ②After entering Japan Before participating in the Tokyo Olympic and Paralympic Games:
  - Exchanges where there is no direct contact with athletes and related staff will be allowed.

For example:

- Public practice session ensure sufficient distance between athletes and related staff and visitors and do not allow direct physical contact.
   Support and encouragement with creative ideas such as national flags, banners, and applause while considering infection countermeasures.
- Streaming practices online, remote dialog with athletes.
- o Establish rules on a case by case basis according to the exchange content for

exchange activities conducted within the 14 days after entering Japan.

- ③After participating in the Tokyo Olympic and Paralympic Games Before returning Home:
  - For athletes and related staff who finished their competition and have been in Japan for more than 14 days, exchanges shall be implemented depending on the needs of each Host Town after taking into account infection countermeasures. These countermeasures will be implemented according to practicing the "New Lifestyles" - assuming no special restrictions are imposed on immigration control or Games management at the time.

As exchanges opportunities before the Games are limited, we recommend conducting exchanges after the Games.

# Precautions by type:

- A. Activities without contact between athletes and related staff and local residents (visits to public practice sessions, lectures, etc.).
  - → Thorough implementation of basic infection countermeasures.
- B. Activities where contact and approaches can be avoided by separating time and area

(visits to memorial halls, festivals, shopping, walks, etc.)

- → Stagger times (utilization outside business hours, etc.) cordon off areas used by athletes.
- C. Activities where physical contact approaches and sharing of equipment can occur.

(try-it-yourself sport experience, participation in festivals, calligraphy experience, autograph sessions, etc.)

- → Examine all points of contact to avoid infection risks (physical contact, sharing of equipment, etc.)
- D. Activities that involve food and beverages (making soba or rice balls, tea ceremony experience, school lunch exchanges, etc.)
  - → Limit conversations and ensure physical distancing.

# **4** After returning home

Learn from of the results of ①-③ to further maintain and develop exchanges.

# 3. Health and Behavioral Management of Athletes and Related Staff

(14 days after entering Japan)

- During the athletes' stay, the municipalities shall inform them that they are required to record their health status, disclosed those they have had close-contact with, and also information on their whereabouts.
- Athletes and related staff are allowed only to travel between their destinations (competition venues, practice venues, etc.) and accommodation location (meals are also to be only taken at these locations).

# 4. COVID-19 Testing

- o The necessary tests for the following persons should be conducted:
  - Athletes and related staff staying in Host Towns.
  - Authorized personnel of Host Towns who are expected to have contact with athletes and related staff

(Implementing entities, specific testing targets, methods and frequencies will be specified separately).

 The test results of the athletes and related staff with authorized personnel of public health centers and Tokyo 2020 should be shared immediately.
 (Details will be determined separately).

# 5. Response in the Event of Suspected Infections

- The Host Towns shall cooperate with the prefectures and public health centers and determine the response flow in the event that a person suspected of being infected or tested positive. Must also inform authorized personnel and other athletes and related staff.
- If a person becomes infected, the municipalities should follow the proceeding course of action - consult and contact public health centers or medical facilities to cooperate with examination, testing, hospitalisation and transportation of the infected. Must then identify those who have come into close contact with them.
- o The municipalities should prepare multilingual support (secure interpreters, use

translation apps and devices).

# 6. <u>Coordination and Communication System with Authorized Personnel</u> (particularly medical/health-related)

- The municipalities of the Host Towns should build a collaborative relationship with the prefectures, public health centers and medical facilities, etc. Implementing necessary measures should be done with the cooperation of these authorized personnel.
- •The municipalities should consult authorities in advance about the testing methods for COVID-19, secure consultation areas for suspected cases and develop appropriate response if a person tested positive or being infected.
- The municipalities should share necessary information and collaborate with the Tokyo 2020 Infectious Disease Control Centre (tentative name), etc. (refer to the 4th Coordination Meeting Materials) that will monitor the health status of the athletes and related staff and share information and liaison /coordinate when a person tests positive.
  - (The details will be determined separately based on findings from the Center for Disease Control and Prevention).

#### Chapter 3 Steps Going Forward

Mainly led by Government TMG Tokyo 2020 2020 January 2021 February March April~July Test event period Measures Measures to be Taken during the Departure and Arrival Entry program for athletes competing at Tokyo 2020 ("Olympic and Paralympic Games Track for Athletes") Establish entry program for Tokyo 2020 in coordination with IOC, IPC, IF, etc. and determine program details in consideration of international sporting events and test events held in Japan 【Gov.,Tokyo 2020】 Necessary infection prevention Validate infection Transportation Rules for Athletes and Related Staff measures for prevention Consider infection prevention measures transportation of measures in test Consult and coordinate with transportation operators athletes and related events, etc. staff [Tokyo 2020] Consolidate Consult and coordinate with relevant parties (IOC, IPC, NOC, NPC, IF, etc.) transportation rules Draft transportation Update transportation rules [Tokyo 2020] rules Countermeasures for Athletes and Related Staff Infection Countermeasures for Athletes and Related Staff at Competition Venues Thorough dissemination and Install equipments, Inform relevant stakeholders of Refine on etc. for COVID-19 countermeasures implemented countermeasures implementation of countermasures at venues Trial operations of based on basic infection countermeasures domestic/ prevention in test events, etc. international measures Reflect countermeasures on situations [Tokyo 2020] each venue operation plan Consider each Communication to Paralympic Village Prepare implementation of countermeasures Infection Countermeasures for Athletes and Related Staff Olympic and Paralympic Villag service in each NOC and NPC and service delivery (January~February accordance with COVID-19 (TBC)) countermeasures Develop each service in accordance with Test events in COVID-19 accordance with COVID-19 countermeasures Coordinate with relevant institutions (IOC, IPC, etc.) [Tokyo 2020] countermeasures regarding countermeasures and Training on modified service contents countermeasures for Games staff, etc. Development and dissemination of travel rules Code of Conduct for Athletes and Related Staff Draft travel rules in Online seminar on (restrictions) Finalise travel coordination with COVID-19 (including Host rules IOC and IPC Towns and precountermeasures Games training camps) [Tokyo 2020] Communication and coordination with NOC/ NPC, Prepare for the information Behavior/ activity establishment of provision/ gathering, support for the entry Establish NOC/ NPC support team (tentative name) record NOC/ NPC [Tokyo 2020] support team application process (tentative name)

Chapter 3 Steps Going Forward Mainly led by Government TMG Tokyo 2020

|   |   |  | 2020  | January 2021  | February                  | March  | April~July   |
|---|---|--|---|---|---------------------------|--|--|
|   |   | Measures   |   |   |                           | Test   | event period   |
| 1. Countermeasures for Athletes and Related Staff | Health and Hygiene, Medical Care<br>and Medical Treatment<br>for Athletes and Related Staff | Establish a system for health monitoring and behaviour tracking  [Tokyo 2020, TMG]   | • Con   | Conduct trial operation in test events, identify issues and make improvements     Completion (June) |                           |  |  |
|   |   | Coodinate towards<br>ensuring local health<br>and medical system<br>[Tokyo 2020, TMG,<br>local municipalities]   | Gain understanding of situation in local municipalities     Consider attempts towards ensuring systems     Make a decision on attempts towards determination of countermeasures |   |                           |  | Coordination with local municipalities     Establishment of system (June)  |
|   | Sport by Sport<br>Countermeasures and Rules   | Infection prevention<br>measures per sport<br>in competition<br>venues and FOP<br>[Tokyo 2020]   | Consult with IF and consolidate system/protocol draft   | Share the draft witl<br>and update appro  |                           | Revise and share with IF Update appropriately          | Finalise countermeasures after validation in test events, etc.   |
|   | Approach to Games Operation in case of Occurrence of a Person Tested Positive               | Handling of qualifications and test results, etc.  (handling of retesting and results for asymptomatic cases) (2)Identification of persons in close contact  (3)Participations of persons in close contact, etc.  [Tokyo 2020] | Consult with IOC, etc. and outline discussion points going forward  | Refinement on points for consideration  |                           | Present directions to stakeholders e.g. IF and NOC/NPC | Make a final decision taking into account examples in international competitions   |
|   | Infection Prevention Measures<br>for Para Athletes and Related Staff                        | Development of code of conduct for NOC/NPC on infection prevention measures for Para athletes and related staff [Tokyo 2020]   | Draft code of conduct when NPC staff's assistance is necessary for health management and behaviours for infection prevention  | Consult with IF and NF and update appropriately     Consult with IPC                                | Present as a draft to NPC |  | Modify as necessary basing on the validation in test events and knowledge learned from competitions hosted by IF/ NF, and ensure through infection prevention measures |

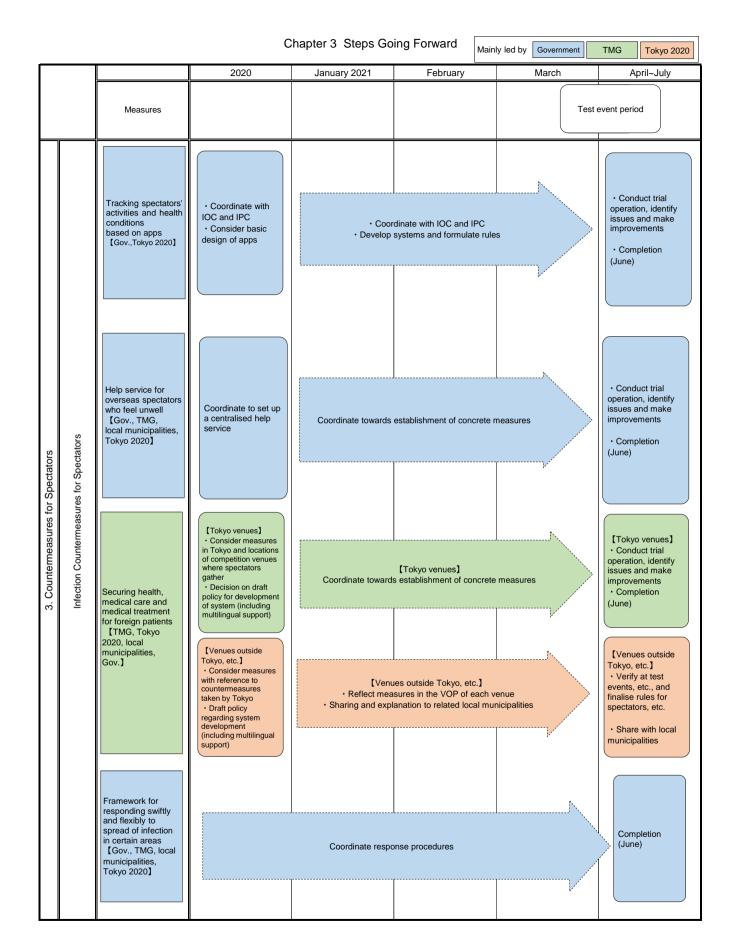
# Chapter 3 Steps Going Forward

Mainly led by Government TMG Tokyo 2020 2020 January 2021 February March April~July Measures Test event period Concrete measures Games Stakeholders other than Athletes and Related Staff concerning entry/departure into/from Japan of Games stakeholders Discuss concrete entry measures with IOC, IPC, etc. etc.) other than athletes and related staff (Organisers, [Gov.,Tokyo 2020] Development of Complete rules per Revise rules per rules per Coordinate with IOC and IPC, etc. basing Draft rules per stakeholder and stakeholder basing stakeholder on the draft of rules per stakeholder coordinate with IOC on the operation in stakeholder [Tokyo 2020] and IPC, etc. test events, etc. Concrete measures concerning entry/departure into/from Japan of Games stakeholders Discuss concrete entry measures with IOC, IPC, etc. Games stakeholders other than Athletes and Related Staff other than athletes Stakeholders other than Athletes and Related Staff (Media and Games staff) and related staff [Gov.,Tokyo 2020] Code of conduct for media during the Finalise Consult with relevant parties and consider code of conduct and Games (testing, code of approach to testing, etc. upon entry travel, conduct accommodation, etc.) [Tokyo 2020] Develop code of conduct for Games staff and use them in test events and training while revising appropriately Finalise code of conduct Disseminate to staff, Games volunteers and contractors Development, practice and dissemination of code of conduct for Operation at UAC Games staff (location to distribute uniforms and [Tokyo 2020] Games : accreditation cards to Games staff) Disseminate to ď Draft content for training Games volunteers at each training Formulation of a · Test operation Confirmation of manual (hereinafter, outside the consistency with competition venue revised as Revise the manual as appropriate the code of conduct appropriate based and verify Formulation. based on the status of consideration of Volunteers of the Games staff on the status of countermeasures operation and infection countermeasures for the Information dissemination of consideration of (amend manuals as Games exchange with local infection infection prevention manuals for City appropriate) municipalities countermeasures Operation and Start for the Games) Volunteers dissemination at the [TMG] disseminating training (April-July) information on draft Operation and · Dissemination when confirming manuals on Creating training dissemination at websites and email intention to participate working site (Julytextbooks newsletters · Creation of training content draft September)

# Chapter 3 Steps Going Forward

Mainly led by Government TMG Tokyo 2020

|                                   |   |  | 2020   | January 2021   | February  | March  | April~July   |  |  |  |
|-----------------------------------|---|--|--|--|---|--|--|--|--|--|
|                                   |   | Measures   |  |  |   | Test   | event period   |  |  |  |
|                                   | Upper Limit of<br>Spectators                                      | Approach to setting spectator limits [Gov.]  | Discuss and decide by next spring in line with the spread of infection within and outside Japan and the results of trial experiments conducted to determine the consequences of raising the upper limit of spectators  |  |   |  |  |  |  |  |
| 3. Countermeasures for Spectators | Handling of<br>Spectators from<br>Overseas                        | Handling of spectators from overseas [Gov.]  | Decide by next spring  | oss-   |   |  |  |  |  |  |
|                                   | Infection Countermeasures for<br>Spectators at Competition Venues | (As an organiser)<br>Thorough basic<br>infection prevention<br>measures<br>[Tokyo 2020]                  | Sharing countermeasures to be implemented at the venue with related stakeholders   | Share the countermeasures to be implemented at the venue with stakeholders     Reflecting countermeasures in each VOP  | Reflecting     countermeasures in     each VOP     Maintenance of     various COVID-19     countermeasure     equipment | Scrutinize countermeasures based on domestic and international situation | Trial operation of countermeasures at test events, etc.  |  |  |  |
|                                   |   | Dissemination of rules for spectators [Tokyo 2020]   | Formulation of adv<br>Sharing with relat   |  |   |  | Start<br>dissemination for<br>specatators<br>(media such as<br>HP and SNS)   |  |  |  |
|                                   | Infection Countermeasures in the Last Mile                        | Developing and<br>disseminating<br>spectator rules &<br>manners in the Last<br>Mile<br>[TMG, Tokyo 2020] | [Tokyo venues] Development of rules and manners Examination of response manuals for Games staff Start verification of the Last Mile specified in the transportation operation plan from the viewpoint of COVID-19 countermeasures  [Venues outside Tokyo] Coordination among related parties regarding COVID-19 countermeasures in Tokyo and consistency with rules for spectators in the competition venue Create rules for | [Tokyo venues] Confirmation of consistency with the rules for spectators in competition venues Add COVID-19 countermeasures to the response manual for Games staff Consider advance notification methods in collaboration with Tokyo 2020 Sharing and explaining the Last Mile to related local municipalities and regions  [Venues outside Tokyo] Reflect countermeasures in the Last Mile management plan of each venue Sharing and explaining to related local municipalities       |   |  | [Venues outside Tokyo]  Verify at test events, etc., and finalise rules for spectators, etc.   |  |  |  |
|                                   |   | Response when a person is in poor physical condition [TMG, Tokyo 2020]                                   | [Tokyo venues] Confirm with infectious disease and emergency medical care experts regarding the first aid flow plan for people with poor physical condition  [Venues outside Tokyo] Create a first aid flow plan for people with poor physical condition   | [Tokyo venues]  Review of first aid flow plan based on the opinions of experts in infectious diseases and emergency medical care  Examination of training contents for first aid station staff, etc.  Cooperation with medical stations in the venue  [Venues outside Tokyo]  Review of the first aid flow plan at the venues outside Tokyo based on the opinions of experts in infectious diseases and emergency medical care  Collaboration with medical station in the Tokyo venues |   |  | ITokyo venues  Training for first aid station staff to help people who are in poor physical condition  Verify the relief system in the training of the City Operation Centre  [Venues outside Tokyo] Finalising the first aid flow and reflecting it in various plans with reference to trial experiments in |  |  |  |
|                                   |   |  |  |  |   | 7  | Tokyo  |  |  |  |



#### Chapter 3 Steps Going Forward Mainly led by Government TMG Tokyo 2020 2020 January 2021 February March April~July Measures Test event period Tokyo 2020 to Infection Countermeasures for Tokyo 2020 Torch Relay develop specific Notify the infection Conduct excercises based on the Develop "Guideline of COVID-19 Implement guidelines for each prevention guidelines (table-top simulation) countermeasures stakeholder measures for Countermeasures upon conducting Torch Relays and at the Torch torch relay in each prefecture based on conduct Relays" (tentative countermeasures name) the guidelines as Tokyo 2020 Reflect specific countermeasures on the operational plans, [Tokyo 2020] etc. based on the guideline Countermeasures for Tokyo 2020 Torch Relay and Live Sites Each stakeholder to conduct Each stakeholder to Each stakeholder to check the "Guideline of countermeasures implement in line with their Each stakeholder to specify countermeasures based on countermeasures COVID-19 infection the guideline, coordinate with related organisations and reflect into the operational plans, etc. upon conducting the prevention Countermeasures torch relay in each prefecture based on at the Torch Relays" (tentative . measures 【Tokyo 2020, the guideline name) each stakeholder 1 Development of nfection Countermeasures at Live Sites "Policy on COVID-19 Tokyo 2020 to Tokyo 2020 to consult and coordinate with local municipalities, etc. to ensure the develop policy and effectiveness of plans and review as necessary Countermeasures" provide to each taking the future situation into account [Tokyo 2020] local municipality Development and Each hosting local implementation of municipality to plans on infection Each hosting local prepare and Each hosting local Each hosting local countermeasures municipality to implement COVID-19 municipality to validate current municipality to per venue by each develop plans on consider infection hosting local infection countermeasures plan and adjust countermeasures municipality countermeasures per venue based on the policy basing on the [Tokyo 2020,

and submit to

Tokyo 2020 to continue to consult and coordinate with local municipalities to ensure the effectiveness of measures

Tokyo 2020

infection situation

hosting local

municipalities]

Chapter 3 Steps Going Forward Mainly led by Government TMG Tokyo 2020 2020 January 2021 February March April~July Test event period Measures Brief Host Provide advice related to manual preparation Towns, etc. on guidelines Supporting Host Towns in manual Operate consultation service preparation [Gov.] Keep track of progress made by each Host Town, etc. Decide on detailed concrete rules for each item; incorporate the rules in municipalities' manuals for hosting athletes; conclude agreements with athletes' countries/regions; prepare for Tokyo 2020 (Take appropriate measures in view of progress in discussion on each item, timimng of finalisation, and Measures at Host Towns and Pre-Games Training Camps progress made by each municipality Incorporate rules into manuals in view of results of implementation at Deciding on concrete rules for test events individual items in [Testing] guidelines [Gov.] Consider Brief local municipalities testing Each Host Town prepares for implementation on testing policy policy [Travel] Decide on concrete travel rules in Host Towns; incorporate the rules into municipalities' manuals for hosting athletes; conclude agreements with athletes' countries/regions; prepare for Tokyo 2020 (Take appropriate measures in view of progress in discussions on travel rules by Tokyo 2020, timing of finalisation, and progress made by each municipality) Collect information on schedule of Host Collect information on the schedule of Host Town visits and Pre-Games training camps (in coordination with itinerary management by Tokyo 2020) Town visits and Pre-5. Games training Note: Collection of schedule information should be completed by the end of this fiscal camps year in consideration of various preparation activities [Gov.] Understand the travel itinerary in Domestic itinerary survey including Host Towns and pre-Games training camps for NOC Japan and NPC [Tokyo 2020]