

Theme 1: About the Paralympic Games

The Paralympic Games are the world's greatest sporting event for athletes with an impairment. They are held once every four years, in the same year and the same host city as the Olympic Games. Tokyo is the first city in the world to host the Summer Paralympic Games for a second time.

The Paralympic Symbol

The Paralympic symbol is known as the three agitos. Agito means "I move" in Latin and represents the Paralympians, who continue to test their limits without giving up, even if they face difficulties. The three colours – red, blue and green – were selected as they are the most commonly used colours on the world's national flags.