

Table Tennis

Table tennis is one of the sporting disciplines that have been continuously practised since the first Paralympic Games in Rome in 1960. In fact, the sport's Paralympic debut preceded its Olympic debut at the Seoul 1988 Games. Athletes have their own unique styles of play according to their impairments and cannot win unless they plan a strategy by assessing their opponent's style of play.

Rules:

Basically the same rules and table as for regular table tennis.

The sport features both individual and team games, with 11 points to a game and a match played as the best 3 of 5 games. Certain rules have been modified according to the type and degree of impairment. As an example, for athletes competing in a wheelchair, a rally is a let (no count) if the ball, when in service and after bouncing on the receiver's side, leaves the table by either of the receiver's side lines. In the intellectual impairment category, exactly the same rules apply as for able-bodied players.

Column:

Don't miss the high performance of the athletes!

Athletes compete in different styles of play according to their impairment; some use devices to assist them such as wheelchairs, prosthetic legs and canes. One athlete who lost both arms in an accident plays by holding the racket with their mouth and serving the ball using their feet. It's these unique moments in the Paralympic Games that break down any set ideas held by viewers and enable us to witness a power that transcends human limits.

Globally, China is a dominant force in the world of table tennis and displays overwhelming strength. Meanwhile, Japan won its first ever Paralympic gold medal in table tennis and Japanese players finished in the top 8 at previous Games. The Japanese team are steadily growing in strength and working hard to push for greater achievements at the Tokyo 2020 Games.

Trivia:

Table tennis features some of the world's top athletes who compete in both the Olympic and Paralympic Games.

Venue:

At the Tokyo 2020 Paralympic Games, table tennis will be held at Tokyo Metropolitan Gymnasium.