

Archery

In Paralympic archery, athletes shoot at targets from a distance of 50 or 70 meters and compete for scores. They all have their own unique styles of competing; those with an upper limb impairment use their mouths to pull the bowstring while holding the bow with their feet.

A main feature of the sport is the intense concentration of the archers who must keep shooting arrows with a short time limit of 30 seconds per shot for individual games and 20 seconds per shot for team games.

Rules:

Almost the same rules as for Olympics archery.

Two types of bows are used: general recurve bows and compound bows, which require only minimal strength to pull due to the mechanical pulleys at the tip. All archers shoot 72 arrows and receive a ranking based on their total score (a top score of 10 points per shot for a maximum of 720 points), which are used to determine the pairings for the final tournament. In the final tournament, archers compete in a W1 Open and Compound Open for a total score from 5 sets of 3 shots—a total of 15 shots. In the Recurve Open, 2 points are awarded to the archer with the highest total points for each set (3 shots). In the event of a draw, each player receives 1 point. The first archer to reach a total of 6 points is the winner.

Classification & Categories:

Athletes with physical impairment are eligible for the Tokyo 2020 Paralympic Games. A total of nine events are held.

Column:

A silver medallist broke the world's longest record set by an able-bodied athlete!

Matt Stutzman is an outstanding Paralympian who was born with no arms. He handles a compound bow using just his feet and shoulders and won a silver medal at the London 2012 Paralympic Games. He set a Guinness world record on 9 December 2015 by hitting a target from a distance of 283.47 meters, greatly exceeding the 200 meters distance set by an able-bodied athlete in 2005.

Trivia:

Athletes with impairments to the hand can damage their teeth when using their mouth to pull a bowstring, so more and more of them are wearing launchers on their shoulders.

Venue:

At the Tokyo 2020 Paralympic Games, archery will be held at Yumenoshima Park Archery Field.