

Athletics

The highlight of the sport, where hundredths of a second and a difference of 1 centimeter affect the results, is the concentration and dynamics of the athletes who test their limits by skilfully using their tools according to their impairments.

Rules & Classification:

The basic rules are the same as for Olympic athletics.

Athletics features track events such as the 100 meters races and relays, field events such as the long jump and shot put and road events such as the marathon. Athletes with physical, visual and intellectual impairments are eligible for the Tokyo 2020 Paralympic Games. They are divided into many different classes according to the type and degree of impairment. In the 100 meters races, for example, there are 16 men's and 14 women's events. A total of 168 athletics events are held.

Column:

Pay attention to a combination of the guide and tools!

Visually impaired athletes run with a "guide runner" for their safety. Athletes in a wheelchair use a special racing wheelchair, while those with a leg amputation compete wearing a prosthetic leg. The performance of prostheses and racing wheelchairs is improving year on year, which is enhancing the competition level. The Rio 2016 Games saw around 70 new world records. Japanese athletes also won a number of gold medals at the previous Games and are expected to significantly build on this at the Tokyo 2020 Games.

Trivia:

Of the 4400 Paralympic athletes participating in the Tokyo 2020 Games, 1100 will compete in athletics.

Venue:

At the Tokyo 2020 Paralympic Games, athletics will be held at the Olympic Stadium.